

1 MR. ZLOTOLOW: Thank you. I'm going
2 to call Dr. Paul Alongi, please.

3 THE COURT OFFICER: Step this way,
4 Doctor. Please remain standing and face
5 the clerk.

6 THE COURT CLERK: Raise your right
7 hand.

8 P A U L A L O N G I, MD, the witness herein,
9 having been duly sworn, testified as follows:

10 THE COURT CLERK: Your name and
11 business address, please, spelling your
12 last name.

13 THE WITNESS: Alongi, A-L-O-N-G-I,
14 Paul. First name is Paul, address 206 East
15 Jericho Turnpike, Huntington Station, New
16 York 11746.

17 THE COURT CLERK: Thank you.

18 THE COURT: Please be seated,
19 Doctor.

20 Doctor, I offer a few tips -- that
21 chair turns.

22 THE WITNESS: Okay.

23 THE COURT: I offer a few tips to
24 every witness that testifies. As you know,
25 you're going to be asked questions this

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1 morning. Listen carefully to the question
2 that's put to you and limit your answer to
3 the contents of the question; okay?

4 THE WITNESS: Okay.

5 THE COURT: Although in life it is
6 not impolite, I repeat, in life it is not
7 impolite to commence an answer before a
8 question is complete because oftentimes we
9 know exactly where a question is going, we
10 save time that way, however, my
11 stenographer only has two hands. She has
12 to take everybody's words, so even though
13 you know where a question is going, wait
14 for it to be complete before you commence
15 your answer; okay?

16 THE WITNESS: Okay.

17 THE COURT: If you hear the word
18 objection, stop until you get further
19 direction from me.

20 THE WITNESS: Okay.

21 THE COURT: You may proceed.

22 DIRECT EXAMINATION

23 BY MR. ZLOTOLOW:

24 Q. Morning, sir. How are you?

25 A. Good morning.

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1 Q. For the record, what is your occupation?

2 A. I'm an orthopedic spine surgeon.

3 Q. And how long have you been an orthopedic spine
4 surgeon?

5 A. I started practice in 2000.

6 Q. And what is your -- what does it mean to be an
7 orthopedic spine surgeon?

8 A. Orthopedic surgery is a specialty that
9 involves surgery on the bones. In addition to training
10 for orthopedics, you can go on to train to specialize in
11 spine surgery. Actually, you're training, so it's just
12 more training, just specialized in the spine.

13 Q. And that's what you specialize in, spine
14 surgery?

15 A. Yes, my whole practice is focused on the
16 treatment of neck and spine disorders.

17 Q. And what does it mean to be an orthopedic
18 spine surgeon?

19 A. Two types of doctors can work on the spine.
20 There is neurosurgeons and then there is orthopedic spine
21 surgeons. A lot of it overlaps, what they can do and
22 what orthopedic surgeons can do and neurosurgeons can do.

23 Orthopedic surgeons deal more with bone, bone
24 fusions, instrumentation.

25 Neurosurgeons, although they can do that,

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1 their realm is more soft tissue of the brain and within
2 the spinal cord, within the nerves themselves.

3 Q. Okay. And tell us a little about your
4 training.

5 A. I went to medical school at SUNY Downstate in
6 Brooklyn. After that, I did a year internship in general
7 surgery at Westchester County Medical Center. And after
8 that, I did a four-year residency at orthopedic surgery
9 at Monmouth Medical Center in New Jersey and then a year
10 fellowship, University of Colorado in Denver for spine.

11 Q. Is there -- is there some sort of board
12 certification?

13 A. Yes, there's an America Board of Orthopedic
14 Surgery. I'm board certified.

15 Q. And what does it mean to be board certified?

16 A. There is some requirements. You've got to
17 finish a residency program that's accredited. You have
18 to pass two parts of a board, one is a written and one is
19 an oral and I passed those. Every 10 years you have to
20 recertify. I just recently recertified.

21 Q. Currently, are you engaged in the private
22 practice of orthopedic spine surgery?

23 A. Yes.

24 Q. And where is that?

25 A. That's in Huntington Station on Jericho

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1 Turnpike.

2 Q. What's the name of your practice?

3 A. Orthopedic Spine Care of Long Island.

4 Q. Just on a daily basis, what is it that you do?

5 A. You know, we -- we're open five days a week.

6 Three days a week I see patients in the office. The
7 other two days I'm operating. And we just treat patients
8 with either neck or back disorders.

9 Q. Do you do surgery on anything else, other than
10 necks or backs?

11 A. No.

12 Q. And could you estimate how many neck surgeries
13 you do in a year?

14 A. I mean, I probably do in total about 200 spine
15 surgeries a year, so half of that is probably neck, so
16 100 surgeries a year.

17 Q. For how long?

18 A. Since 2000. 12 years.

19 Q. And if you could, we have a model here.

20 MR. JEFFREYS: It's behind there.

21 THE COURT: We will deem it marked
22 and when the court officer gets back, we'll
23 take the appropriate steps.

24 MR. ZLOTOLOW: Yes. Thank you.

25 Q. Sir, I'd just like to discuss before we get

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1 into discussion of treatment of Mr. Cicola, I'd like to
2 have you discuss a little of the anatomy, so that we can
3 better understand what you're talking about later, if you
4 could.

5 A. Okay.

6 MR. JEFFREYS: Your Honor, there is
7 an objection. If we could approach for one
8 second, please? There is a foundation
9 issue.

10 THE COURT: Yeah. I understand.
11 You don't have to approach.

12 You've got his training in, you've
13 got he's board certified. There is a
14 little tiny step you've got to take.

15 MR. ZLOTOLOW: I'd like to offer him
16 as an expert in the field of orthopedic
17 surgery, spine surgery.

18 MR. JEFFREYS: No objection, your
19 Honor.

20 THE COURT: Okay. You may testify.

21 MR. ZLOTOLOW: Thank you.

22 A. So this is a model of the spine. There are
23 three basic sections of the spine. There is the cervical
24 spine, which is your neck, you thoracic spine is your mid
25 back, and the lumbar spine is your lower back. So this

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1 is the back -- this is looking from the back, this is
2 looking at it from the side. So in-between each -- you
3 know, there is multiple segments, which are vertebral
4 bodies. In-between each vertebral body, there is a disk,
5 kind of cushions your spine, allows it to move, and that
6 runs the whole course of the spine.

7 THE COURT: Excuse me, Doctor, if
8 you -- you're not cemented to that, if
9 you're comfortable standing up, you can.

10 THE WITNESS: Oh, it may be better.

11 BY MR. ZLOTOLOW:

12 Q. Yes, teach us, go ahead.

13 A. Again, there are disks in-between each level
14 in the neck and in the cervical spine there is seven
15 vertebral bodies. And if you were to look down the
16 center, that's where -- your brain is here, your spinal
17 cord runs that whole length of the spine.

18 So again, the bones are to protect the spinal
19 cord. And from the cord, all these nerves kind of
20 project out and they go down into your shoulders and your
21 arms, or they go into your lower back and into your legs.

22 And again, if you injure a disk you could have
23 neck pain or it can pinch one of these nerves, gives you
24 arm pain or a lot of times both.

25 Q. Now, what are -- what are the purpose of the

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1 disks?

2 A. Disks, again, it cushions impact and -- 'cause
3 there's motion, although it's very little in-between each
4 level, it allows for motion.

5 Q. And the -- in the cervical region, how many
6 disks are there?

7 A. There is seven cervical vertebra. So
8 in-between each level there are disks. There is a -- I
9 mean, there is no disk between C1 and C2, so there is
10 from C2 down to C7. So C2/3, C3/4, C5/6, C6/7, so that's
11 four disks.

12 Q. Now, in your practice, do you read MRI films?

13 A. Yes.

14 Q. Do you read x-rays?

15 A. Yes.

16 Q. Is that something you do every day?

17 A. Yes.

18 Q. Do you have special training in that field?

19 A. It's part of the residency and fellowship
20 programs.

21 Q. Okay. Before you do surgery on anyone, do you
22 make sure you get films?

23 A. Yes.

24 Q. Do you read them yourself?

25 A. Yes.

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1 Q. And -- do we have a shadow box?

2 THE COURT: Let's do some
3 housekeeping first. Let's mark the model
4 plaintiff's --

5 THE COURT OFFICER: Plaintiff's 7.

6 MR. ZLOTOLOW: Thank you.

7 THE COURT: Plaintiff's 7.

8 MR. ZLOTOLOW: Thank you, sir.

9 THE COURT OFFICER: That's in
10 evidence, your Honor.

11 THE COURT: Yes.

12 THE COURT OFFICER: Plaintiff's 7
13 marked and received in evidence.

14 Q. Now, are you familiar with the course of
15 treatment and diagnostic studies that Mr. Cicola had?

16 A. Yes.

17 Q. And what's the first study -- I'm sorry, you
18 understand that he had an MRI early, shortly after his
19 accident?

20 A. Yes. Yes.

21 Q. We're going to start by discussing the initial
22 MRI that Mr. Cicola had from Suffolk MRI, dated 2/13/07;
23 okay? You understand he had an accident on 11 --
24 1/11/07; correct?

25 A. Yes.

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1 Q. All right. If you could, could you --

2 MR. JEFFREYS: Objection, your

3 Honor.

4 THE COURT: Let me see both of you
5 at sidebar.

6 (Whereupon a sidebar discussion was
7 held)

8 THE COURT: Gentlemen, it's my
9 understanding that we're arrived at a
10 stipulation that for all purposes, both
11 plaintiff and defense, the MRI films are in
12 evidence; correct?

13 MR. ZLOTOLOW: All x-rays, all
14 MRI's, we are agreeing, fair game.

15 MR. JEFFREYS: All physicians can
16 look at them and render their opinions
17 about them.

18 THE COURT: Very good. We all
19 harmonize. Very nice.

20 MR. ZLOTOLOW: Why not? Why fight?

21 Q. So the first one we're going to look at is the
22 initial MRI from -- we'll call this --

23 MR. ZLOTOLOW: What are we calling
24 this one, number --

25 MR. JEFFREYS: I believe it's eight.

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1 MR. ZLOTOLOW: It's eight.

2 (Witness steps into the well of the
3 courtroom)

4 MR. ZLOTOLOW: Do you want to mark
5 the envelope Plaintiff's 8?

6 THE COURT: We'll mark the envelope
7 Plaintiff's 8. Let's get -- let it get a
8 uniform protocol. We'll mark it first for
9 I.D. and then we'll have the witness,
10 plaintiff or defendant's witness, proceed.

11 MR. ZLOTOLOW: Yes.

12 THE COURT: So we're going to mark
13 the envelope Plaintiff's 8 and it's in.

14 MR. ZLOTOLOW: In.

15 THE COURT: Mr. Jeffreys, please
16 feel free to position yourself anyplace in
17 the room.

18 MR. JEFFREYS: Thank you, your
19 Honor.

20 THE COURT OFFICER: Plaintiff's 8,
21 marked and received into evidence.

22 A. You want me to review this?

23 Q. Please, if you could.

24 A. This is an MRI dated February 13th, 2007. So
25 this is called sagittal images. They are side views

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1 looking from side to side.

2 MR. ZLOTOLOW: Before we get into

3 this, tell the jury what an MRI is.

4 A. So, you know, a lot of times the patient gets
5 x-rays or they get MRI. X-rays look at the bones,
6 doesn't look at the disks. I mean, you could see disk
7 height, but you can't see the actual disk, the nerves.
8 You can't really see the soft tissues. So X-rays are
9 good for just bone, bone anatomy, fractures and
10 alignment.

11 MRI shows the soft tissue better, shows the
12 disk, shows the nerves, and it's a little better study
13 for that.

14 Q. Why is that?

15 A. It's just a different image which looks at all
16 the soft tissues, where the x-rays really just looks at
17 bone.

18 Q. How is an MRI taken?

19 A. It's in a special machine, uses a magnetic
20 field, and by magnetizing certain elements in the soft
21 tissues the computer can generate an image to look at
22 soft tissues.

23 Q. That's the gold standard of how we diagnosis
24 spinal issues?

25 A. For a herniated disk, yes.

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1 Q. All right. And was it appropriate for an MRI
2 to be taken of Mr. Cicola shortly after his accident?

3 A. Yes. Yes.

4 Q. Okay.

5 THE COURT: Is there a date on the
6 MRI?

7 A. February 13th, '07.

8 THE COURT: Thank you.

9 Q. February 13th, '07?

10 A. So again, this is side profile of the neck.
11 So if you can see here, you've got the brain up here,
12 then the face is over here. This is looking to the
13 right. This is the back of the neck, the front of the
14 neck, and the cuts are going left to right all the way
15 through.

16 Q. What do you mean by cuts? How does that work?

17 A. So the computer just takes like a slice, one
18 after the other, millimeters apart, through the spine and
19 generates these images.

20 If you look down here, this is kind of a small
21 picture, so you have the brain. Again, up at the top,
22 the face would be facing this way. This is your brain.
23 You know, this is the brain and the spinal cord runs the
24 whole length. That's dark.

25 The white all around it, you know, the spinal

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1 cord, all the nerves are bathed in a fluid, CSF. It kind
2 of protects the spinal cord, that's what's white. So the
3 white is the spinal fluid. The dark is the nerve.

4 In the front, you have -- your vertebral
5 bodies which showed on that model and in-between each
6 body there is a disk here, here, and these are numbered
7 on here. Let's see, C2 vertebra, C3, C4, C5, C6. The
8 disks are numbered just by which two vertebral body they
9 are. So in-between C2 and C3 is the C2/C3 disk, and so
10 on.

11 If you look here, again it's hard for you to
12 see because it's so small, but when I look at this --

13 Q. I'm sorry, can anybody see?

14 A JUROR: Yeah.

15 THE COURT: Can we make it closer?

16 Q. Can we make it closer?

17 A. Can we move it here?

18 MR. ZLOTOLOW: Is there an outlet on
19 this side? I don't know if it will help.

20 Q. I could probably --

21 A. That might be better.

22 Q. I can stand here.

23 A. This one is numbered, numbered on the
24 computer. But -- I don't know think you can see. These
25 are the disks in-between and, you know, when someone is

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1 having persistent neck pain or arm pain, you know, a
2 couple of things we look at. One of the things is the
3 disks, look at that disk height and see if the disk is
4 irritating or pushing on anything. So when I reviewed
5 these films, I felt this is C4 and C5, you kind of see
6 C4/C5 is a little bit protruding in the canal as opposed
7 to the rest of them. You can kind of see that. I mean,
8 it's very small image.

9 A JUROR: Right there, right there.

10 Q. What does that mean?

11 A. So it could be a source of someone's pain.

12 Q. And so the -- at that C4/5 level there is -
13 what would you diagnosis?

14 A. I call it a small disk herniation at C4/5.

15 Q. Okay. And what does that mean for the
16 patient?

17 A. It could be a source of pain, numbness. You
18 could have weakness that's really bad.

19 Q. Now, with regard to other levels, do you see
20 any issues at the other levels?

21 A. Really minimal stuff. I mean, that's the most
22 impressive to me. There is a small disk bulge below --

23 MR. JEFFREYS: Excuse me. Can we
24 take a quick break and -- thank you. We
25 have an extension cord.

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1 A. There is a small disk bulge below. I didn't
2 feel it was clinically an issue for him. You know, there
3 is different degrees of how much the disk is protruding.
4 If it's a herniated disk, it's a little bit bigger. A
5 bulge is just a slight protrusion of the disk as well.

6 Q. You used the term protrusion and herniation.
7 Is there a difference between the two?

8 A. I technically don't use protrusion. To me, it
9 is almost like a bulge, it's like a small -- the disk is
10 just a little protrusion a little bit.

11 Herniation, it's -- when someone says they
12 have a herniated disk -- the disk is a ring. There is an
13 outer annulus and an inner annulus. So when someone has a
14 herniated disk, it's like a herniated nucleus pulposus.

15 So what they are saying is this nucleus
16 pulposus is herniated through the annulus. So when it's
17 bulging, that material is still in there but it's just
18 kind of pushing out a little. It's kind of like a tire
19 in your car. If you start losing air, it kind of bulges
20 out a little bit, still functional, still works, but just
21 bulging out a little bit.

22 Q. So could you show us on there why it's a
23 herniation as opposed to a bulge?

24 A. I mean, if you look on here, I called it a
25 herniation just because it is indenting the white part of

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1 the -- of the spinal cord. You can see that. And we
2 typically want to see a straight line. And that disk is
3 indenting on the thecal sac is where the fluid is.

4 Q. Do you have other films?

5 A. Yes. So -- and the computer also generates
6 different contrasted images of the same structure. These
7 are one set and this is a little bit different, where
8 it -- it shows the cuts a little bit out on either side.

9 And again, still that same side profile, that
10 sagittal view shows the fluid a little bit more. You can
11 see a little indent there at 4/5. And these are just
12 cross sections called axial views.

13 Q. These are harder for the layman to understand?

14 A. Yeah, so they are just cross sections --

15 Q. If you could just explain to the rest of us --

16 THE COURT: Gentlemen, only one

17 person can speak at that time.

18 A. So these are cross sections, so if you took a
19 slice of the cross-section and looked down that way...

20 Q. So rather than looking to the side, this is
21 looking straight down?

22 A. Straight down.

23 Q. Like right through your head?

24 A. Yeah, taking a slice right through your neck.

25 So you see this is that side profile, and it shows --

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1 these lines show you where the slices are made. So if
2 you look at one right here, again, that white with the
3 black dot in the middle, that's the spinal cord.

4 This is the back of your neck. This is the
5 front of your neck. You see this is the jaw, and as it
6 cuts down, it goes lower and lower.

7 Now, if you look at that level, it looks like
8 it's right here, is a little indentation of where that
9 disk is just pushing into that white portion there. This
10 is putting such pressure on this thecal sac.

11 Q. I'm sorry. For the record, which -- which --

12 A. C4/5.

13 Q. You're looking at C4/5?

14 A. Yes.

15 Q. And on the film, which box is the --

16 A. I may have to --

17 MR. JEFFREYS: Second row, second
18 box?

19 THE WITNESS: Yeah, let me --

20 A. It's -- I'm looking at image six, six of 32.
21 Second row.

22 Q. All right, I'm sorry. Continue.

23 A. And that's pretty much it for the study.

24 There are some other studies where it gives you a little
25 more contrasted views. This doesn't have that. So it's

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1 basically just some side profile shots and some
2 cross-section shots.

3 Q. Is your diagnosis based on the MRI film the
4 same for this view as it is for the other view?

5 A. Yes.

6 Q. Does it show basically the same thing from a
7 different angle?

8 A. Yes.

9 Q. All right. And -- all right. Thank you.

10 Now, before I -- before you turn it off, can
11 MRI films show degenerative disk disease?

12 A. Yes.

13 Q. Okay. And can you look at these films, do you
14 see any evidence of degenerative disk disease?

15 Before we get into that, what is degenerative
16 disk disease?

17 A. Degenerative disk disease is just wear and
18 tear of the disk. Everybody's disks, after the age of
19 20, you start losing hydration, which is water. You
20 start losing water in your disks. They can become a
21 little narrowed. They become a little more prone to
22 injury and become painful. But again, that's the normal
23 process of just living.

24 Q. And what is the progression of that?

25 A. I mean, it can get severe where it's painful

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1 and the disk totally wears out and there is no disk at
2 all and there is just bone on bone, big bony spurs and
3 things like that.

4 Q. And does that show up on MRI films?

5 A. It can when it's severe.

6 Q. Is there anything on this film to indicate a
7 degenerative disk disease?

8 A. Looking at this MRI, I did not feel there was
9 significant degenerative -- degenerative changes. This
10 all looked the same, in terms of the quality of the
11 material. It's not really collapsed. When I say severe
12 degenerative disk, the disk is collapsed. Again, it's
13 big bony spurs which you can see on an MRI. I don't
14 really see that on this film.

15 Q. And is there at any level?

16 A. No.

17 Q. Okay. Is there anything on this MRI film that
18 would indicate that Mr. Cicola had a longstanding disease
19 in his neck?

20 A. No, not that I saw.

21 Q. Okay. Is there anything on this film that
22 would indicate a trauma?

23 A. Typically if you have a trauma --

24 MR. JEFFREYS: Objection.

25 THE COURT: Time out.

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1 Give me the question.

2 (Whereupon, the requested portion of
3 the record was read back.)

4 THE COURT: The basis of your
5 question?

6 MR. JEFFREYS: Foundation, your
7 Honor.

8 THE COURT: Sustained.

9 Q. Now, can you -- all right, let's continue.

10 THE COURT: Can he resume the seat
11 or do you need him there?

12 MR. ZLOTOLOW: He can resume the
13 seat for now. We're going to go through
14 different films at different points. So we
15 could leave --

16 THE COURT: Sure.

17 (Whereupon witness returns to the
18 witness stand.)

19 MR. ZLOTOLOW: Actually, let's do
20 the early films now, too.

21 THE COURT: Okay.

22 (Witness steps back into the well of
23 the courtroom.)

24 Q. Sir, you understand that Mr. Cicola had some
25 x-rays, as well, shortly after his accident, too?

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1 A. Yes.

2 Q. Let's mark these.

3 MR. ZLOTOLOW: That's the protocol.

4 THE COURT: Mark them first.

5 MR. ZLOTOLOW: Let's mark these --

6 MR. JEFFREYS: Nine.

7 MR. ZLOTOLOW: Nine and -- you want

8 to mark them both?

9 Mark it nine. Nine and 10.

10 These are 4/26/07 and January 15th

11 of '07.

12 THE COURT OFFICER: You want the

13 January one marked nine and April marked

14 10?

15 MR. ZLOTOLOW: Yes:

16 THE COURT OFFICER: Plaintiff's

17 Exhibit 9.

18 Plaintiff's Exhibit 9 and 10 marked

19 and received into evidence.

20 Q. Let's look at the x-ray that was taken January

21 15th of '07. This was four days after his accident.

22 A. These are multiple views of the neck. This is

23 looking at the neck from the front.

24 THE COURT: Excuse me, any jurors

25 that need to move around in order to get a

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1 better view, please feel free, as long as
2 you return to home base.

3 A. Looking at the neck from the side, this is
4 just an x-ray with the mouth open to see the upper
5 cervical spine.

6 So when I look at these, especially when a
7 person has a car accident, we're looking at the
8 alignment, make sure everything lines up okay, and it
9 does. Make sure nothing looks like it's fractured or
10 broken. Nothing looks like it's broken on here.

11 Again, if you're counting, the skull is here.
12 This is C1, this is C2, three, four, five, six, seven.

13 The only thing I see is there is a little,
14 it's called a little bony spur called an osteophyte.
15 This is two, three, four at C4/5. Not too impressive.
16 Not uncommon for someone whose aged to have a little
17 osteophyte. The disk heights look pretty good. Again,
18 the alignment looks good.

19 Q. What is the clinical significance of that?

20 A. Typically, not much. Again, it's a very
21 common finding and, you know, there's always the
22 patient -- if we saw a patient like this who has no pain
23 and it's just a normal finding of the patient's age.

24 Q. Any evidence on this of any longstanding
25 degenerative condition?

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1 A. Not that I would say, no.

2 Q. Is his body breaking down?

3 A. No.

4 Q. Failing on him?

5 A. No.

6 Q. Nothing like that?

7 A. First would have really bad degenerative disk
8 disease, there is almost no disk height. There is a big
9 osteophyte and a lot of reactive changes, meaning the N
10 plates get thickened. It's a lot more changes. This is
11 very subtle.

12 Q. What's the significance of the disk heights?

13 A. It's just indicates if the disk is worn out.
14 The disk wears out, it gets narrower and narrower until
15 bone is touching bone.

16 Q. So what -- I'm sorry.

17 A. This is just an -- different views. They are
18 oblique views looking at that spine from different
19 angles. Again, not too impressive. Nothing really
20 serious that I could see going on with these views.

21 And this is an x-ray of the shoulder.

22 MR. JEFFREYS: Which shoulder,
23 Doctor?

24 A. Right shoulder. Let me turn around so you
25 guys can read it.

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1 Again, you want to make sure there is no
2 fracture. I don't see a fracture. There is some
3 calcification.

4 There is a tendon that runs from the shoulder
5 and the rotator cuff and it looks like there may be some
6 tendonitis there and some calcification in that tendon,
7 but nothing that looks acute, a recent trauma.

8 Q. And that's the shoulder?

9 A. That's the right shoulder, yes.

10 The next -- April 26th, 2007.

11 This is just a neck film and it looks like
12 they did flexion/extension x-rays. Sometimes -- you
13 know, when taking an x-ray a person is either sitting or
14 laying down. They are laying still. Sometimes we want
15 to make sure there is no underlying instability, so we
16 get flexion/extension views, put the head forward,
17 backwards, make sure there is no instability. And that's
18 what these are, looking from the side, patient bending
19 forward, bending back.

20 Again, the alignment looks good, and this is
21 just to see if there is any type of underlying
22 instability or ligamentous injury, which it wouldn't pick
23 up.

24 Q. Did you see anything on that film?

25 A. No, basically the same as the initial film.

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1 Q. Okay, the same as the January -- there is no
2 change since January?

3 A. No change.

4 Q. All right, thank you.

5 (Witness returns to the witness
6 stand.)

7 Q. Now, let's take it through some of the
8 treatment that Mr. Cicola had. He first came under the
9 care of Dr. Sinha. Were you able to see Dr. Sinha's
10 records?

11 A. Yes.

12 Q. If you could, what is the significance of
13 those records?

14 MR. JEFFREYS: Objection.

15 THE COURT: Sustained.

16 It's a foundational -- I assume it's
17 a foundational objection?

18 MR. JEFFREYS: It is, your Honor.

19 MR. ZLOTOLOW: Your Honor, I don't
20 want to have a dialog. I'd rather not.
21 Could we figure out the ground rules?

22 THE COURT: Gentlemen, sidebar,
23 please.

24 (Discussion held off the record.)

25 Q. Sir, did you review Dr. Sinha's records?

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1 A. Yes.

2 Q. And you are the doctor who treated Mr. Cicola
3 when he had his surgeries; correct?

4 A. Yes.

5 Q. And did you rely on his records to formulate
6 your opinion in this case?

7 A. Dr. Sinha's records?

8 Q. Yes.

9 A. No.

10 Q. Did you review them in -- did you review them
11 before coming?

12 A. Today?

13 Q. Yes.

14 A. Yes.

15 Q. Did you find anything significant about them?

16 A. Nothing that I didn't know already.

17 Q. Did they change your opinions in any way?

18 A. No.

19 Q. Did -- is there anything in there inconsistent
20 with what you believe?

21 A. No.

22 MR. JEFFREYS: Objection.

23 THE COURT: It's sustained. The
24 answer is stricken.

25 Q. Was Dr. Sinha's treatment appropriate for this

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1 individual?

2 MR. JEFFREYS: Objection.

3 THE COURT: Sustained as to form.

4 Q. Do you have an opinion as to whether
5 Dr. Sinha's treatment was appropriate?

6 MR. JEFFREYS: Objection.

7 THE COURT: Sustained.

8 Q. Did -- was it your understanding that
9 Dr. Sinha referred this patient for that MRI?

10 A. I don't recall that.

11 Q. Did you have an opportunity to see
12 radiological reports regarding the films that you just
13 demonstrated?

14 A. Yes.

15 Q. Are your opinions in any way different than
16 the radiologist who read those films shortly after the
17 accident?

18 MR. JEFFREYS: Objection.

19 THE COURT: You're objecting. We
20 have a stipulation as to the films itself.
21 Is it my understanding there is no
22 stipulation as to the radiologist's reports
23 and/or findings; is that correct?

24 MR. JEFFREYS: Correct, your Honor.

25 THE COURT: Okay. Lay a foundation.

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1 Lay a foundation for the radiologist's -- I
2 assume we're talking about the written
3 reports?

4 MR. JEFFREYS: Yes.

5 THE COURT: Lay a foundation.

6 MR. JEFFREYS: Okay.

7 Q. You, yourself, rely on radiological reports?

8 A. Usually not, no.

9 Q. Do you read the films yourselves?

10 A. Yes.

11 Q. Is your opinions here today based on your
12 review of the films?

13 A. Yes.

14 Q. Now, going on to -- tell us the other things
15 that you reviewed prior --

16 A. Radiologically?

17 Q. No, the prior medical records of Mr. Cicola.
18 What have you reviewed? Just tell us what you reviewed.

19 MR. JEFFREYS: Just objection to
20 form, your Honor.

21 THE COURT: It's a -- it's a short
22 foundational question. Just ask him.

23 Q. I just want to know what it is you reviewed.

24 A. My office records and some of his previous
25 medical doctors' records.

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1 Q. For instance?

2 A. Dr. Sathi and some physical therapy notes and
3 just MRI reports, and that's about it.

4 Q. Are you opinions your own or are you relying
5 on what you reviewed?

6 A. My opinions are my own.

7 Q. Very well.

8 Now, let's talk about, then, your treatment of
9 Mr. Cicola.

10 A. Okay.

11 Q. Are you okay with that?

12 A. I'm okay with that.

13 Q. All right. Mr. Cicola, when he came to you,
14 what were his complaints?

15 A. His complaint was of neck pain and also right
16 shoulder pain.

17 Q. And what did you do for him at that point?

18 A. At that point we tried treating him
19 conservatively, medication and also sent him for some
20 more imaging studies.

21 Q. When he came to you, when was that?

22 A. I'd have to check his chart.

23 Q. Go right ahead.

24 THE COURT: You brought your
25 complete chart with you today, Doctor?

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1 THE WITNESS: My office chart, yes.

2 THE COURT: Okay. That chart will
3 be made available to you if not already.

4 MR. JEFFREYS: I have the entire
5 chart, your Honor.

6 THE COURT: Okay.

7 A. I have November 11th, 2008.

8 Q. Okay. Could you just take us through that
9 visit, if you could?

10 A. November 11th, 2008. Mr. Cicola is a 37 year
11 old -- you want me to just go through the whole note?

12 Q. Just if you could outline the highlights to
13 you. All right. It's your note.

14 A. Mr. Cicola --

15 MR. JEFFREYS: Your Honor, if the
16 witness is going to read from the document,
17 I would have an objection. If he's going
18 to use it to refresh, I'm not.

19 THE COURT: One of two things. Look
20 at the document to refresh his recollection
21 or mark the document as an office record.

22 Doctor, take a moment to look at the
23 report you're looking at.

24 THE WITNESS: Okay.

25 THE COURT: When you're done looking

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1 at it, let us know. Look at it, read it.

2 THE WITNESS: Okay. Sure.

3 A. Okay, so he came in to me --

4 THE COURT: Time out. Ask the
5 question now.

6 MR. ZLOTOLOW: Okay.

7 Q. Having reviewed that, does that refresh your
8 recollection of the first visit?

9 A. Yes.

10 Q. Okay, if you could just recount the important
11 parts.

12 A. So he came to me complaining of neck and right
13 shoulder pain. He was referred by Dr. Silverberg. Dr.
14 Silverberg was treating his shoulder and he apparently
15 thought it was more neck related, so he sent him to me
16 for evaluation.

17 He had an MRI of his neck, but at that time
18 only the report was available and that showed a moderate
19 sized disk herniation at C4/5 and a smaller left-sided
20 disk herniation at C5/6.

21 I felt the C4/5 level was his primary problem,
22 and that was my assessment, that he had a herniated disk
23 at C4/5. I was concerned with his shoulder, so I sent
24 him for a new MRI of his shoulder, and we talked about
25 different treatment options, injections.

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1 Sometimes you can, with patients with a
2 herniated disk, they can be teated with epidural steroid
3 injections, or when it's bad enough, they could have
4 surgery. We discussed that. He was interested in
5 surgery at that point because his symptoms were going on
6 for a while, but I wanted him to bring the films so I
7 could review them myself and get a new MRI of his
8 shoulder.

9 Q. Okay. Did he come back to you?

10 A. Yes.

11 Q. And what was -- what happened the next time?

12 A. Came back on November 14th, 2008. He had an
13 MRI of his shoulder, which showed calcific tendonitis,
14 which is just inflammation in the shoulder with some
15 calcium deposits and a small rotator cuff tear, and also
16 some bursitis, which is inflammation of the bursa, which
17 lies over the tendon. He did bring his MRI films for
18 review and I felt it showed a small disk herniation at
19 C4/5.

20 Q. When was that MRI taken?

21 A. That was -- I do not have a date listed here.

22 MR. JEFFREYS: November.

23 MR. ZLOTOLOW: The neck MRI?

24 MR. JEFFREYS: November 12th.

25 BY MR. ZLOTOLOW:

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1 Q. I'm talking about the neck, when was that
2 taken?

3 A. I don't have a date listed.

4 Q. Did you look at that film?

5 A. Yes.

6 THE COURT: Gentlemen, we're not
7 running a Starbucks here. Let's move on.

8 Q. What was your recommendation at that point?

9 A. At that point, I was concerned that he had a
10 lot of shoulder symptoms and I wanted to make sure it
11 wasn't more of his shoulder, as opposed to his neck, and
12 I sent him back to Dr. Silverberg for further evaluation
13 with his new MRI of his shoulder.

14 Q. And when was the next time you saw Chris?

15 A. The next time was in the hospital, at
16 Huntington Hospital. His pain became so severe he went
17 to the emergency room at Huntington Hospital.

18 MR. ZLOTOLOW: We have the
19 Huntington Hospital. I'll offer these.

20 THE COURT: You're offering the
21 Huntington Hospital records for
22 identification?

23 MR. ZLOTOLOW: I think we're
24 stipulating, correct.

25 MR. JEFFREYS: We stipulated, your

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1 Honor. We split Huntington into two sets.
2 This is the 2008 hospitalization and I'll
3 stipulate that as Plaintiff's 11.

4 THE COURT: So stipulated.

5 THE COURT OFFICER: Plaintiff's
6 Exhibit 11 marked and received into
7 evidence..

8 BY MR. ZLOTOLOW:

9 Q. All right, now we're at Huntington Hospital.
10 Under what circumstances were you called to Huntington
11 Hospital?

12 A. Mr. Cicola ended up in the emergency room just
13 with increased neck pain and right shoulder pain.

14 Q. Are you on the -- are you -- what are you, an
15 attending at Huntington Hospital?

16 A. Yes, I'm on staff.

17 Q. Tell me how that works, so I know.

18 A. I have privileges to operate out of
19 Huntington, along with other hospitals, but I do the
20 majority of my surgery at Huntington.

21 Q. What other hospitals are you affiliated with?

22 A. I'm affiliated with Plainview Hospital and
23 St. Catherine of Sienna in Smithtown.

24 Q. Is that like your home hospital, Huntington?

25 A. Huntington Hospital, I do 95 percent of my

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1 surgeries in Huntington.

2 Q. And did you advise Chris if he had any
3 problems to go to Huntington Hospital?

4 A. All my patients I say, if the pain gets bad
5 enough and you can't deal with it, just come to the
6 emergency room and we'll get the pain under control.

7 Q. And when were you called to Huntington
8 Hospital?

9 A. I believe on November 18th, 2008, when he was
10 admitted.

11 Q. And tell us, did you see Chris at that time?

12 A. Yes.

13 Q. And what -- what was --

14 A. He was just having increasing neck pain and
15 shoulder pain and again pain so severe that he came to
16 emergency. We discussed different treatment options
17 again.

18 Again, at that point the options would be
19 either a steroid injection to the neck, which may only be
20 temporary or surgery.

21 We did a repeat MRI, which showed a disk
22 herniation at C4/5, which I felt was the most serious
23 issue in his neck and causing his symptoms, and so we
24 discussed surgery, the risks, the benefits, and he wished
25 to proceed with surgery since he was dealing with this

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1 for a long time.

2 Q. This MRI -- this MRI at Huntington Hospital,
3 why did you take that?

4 A. Just because his pain was getting more severe,
5 make sure nothing has changed.

6 Q. Did you read those films at the time?

7 A. Yes.

8 Q. Was there a report in the hospital?

9 A. Yes, there is. This is the MRI reported dated
10 November 18th, 2008.

11 Q. Okay. What did that MRI show?

12 A. The impression was a small central disk
13 herniation C4/5 indenting the ventral subarachnoid space
14 and a small left paracentral disk herniation, C5/6.

15 Q. That was that the same herniation you saw on
16 the films right after his accident?

17 A. Yes.

18 MR. JEFFREYS: Objection, your
19 Honor.

20 THE COURT: You have an objection?

21 MR. JEFFREYS: Objection to the form
22 of the question.

23 THE COURT: Yes. Sustained.

24 The objection is sustained.

25 MR. ZLOTOLOW: I understand.

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1 THE COURT: On the basis of form,
2 there is a form objection, assuming a fact
3 not in evidence or a compound question. So
4 I'm sustaining the objection.

5 Q. Was that MRI film consistent with the MRI film
6 that you just reviewed here?

7 A. Yes.

8 Q. And was the herniated disk at the same level?

9 A. Yes.

10 MR. JEFFREYS: Objection, your
11 Honor. It's a form objection. It's
12 assuming a single herniated disk. I
13 believe we're talking about two, so there
14 is a form objection here.

15 THE COURT: May I have the question
16 back?

17 (Whereupon, the requested portion of
18 the record was read back.)

19 THE COURT: Okay, I'm not precluding
20 you. I'll sustain the objection. Ask a
21 couple -- appropriate foundational
22 questions.

23 Q. The herniated disk noted at C4/5, was that the
24 same level that was present on the MRI of 2/13/07?

25 A. Yes.

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1 Q. And did you notice by looking at it any
2 progression?

3 A. It seemed about the same.

4 Q. And did you then have a discussion with Chris
5 about his options?

6 A. Yes.

7 Q. And what did you tell him?

8 A. The options were either just live with it like
9 he's been doing, steroid injection or surgery.

10 Q. And what is a steroid injection?

11 A. An epidural steroid injection, they inject
12 some steroid into the spinal canal, right in the nerves,
13 gets rid of some of the inflammation in the nerve,
14 hopefully helps with the pain. Typically, they are
15 temporary, meaning multiple injections. It doesn't cure
16 the problem.

17 Q. Did you discuss with him his risks involved in
18 surgery?

19 A. Yes.

20 Q. And what did you tell him?

21 A. Any patient that has surgeries, we always
22 discuss the risks, the benefits, the alternative surgery.

23 Risks include infection, injury to a nerve,
24 injury to the spinal cord, paralysis, you can get a tear
25 of the sheath around the cord, which results in a spinal

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1 fluid leak. He can get headaches, get infected, get
2 meningitis. You can have blood loss. The surgery may
3 not help with his pain. We're trying to fuse the bones
4 together. The bones may not fuse. We use
5 instrumentation; that can fail. So we discussed all of
6 this.

7 Q. And did he go forward with the surgery?

8 A. Yes.

9 Q. Did he tell you why?

10 A. He was just dealing with this for a long time
11 and he was frustrated that the symptoms continued to
12 persist and they weren't seeming to be getting better,
13 they seemed to be getting worse.

14 Q. And what type of surgery did you recommend?

15 A. I recommended a diskectomy, where we remove
16 the entire disk and a fusion. We fused the two vertebrae
17 together.

18 Q. And what went into your recommendation of that
19 surgery? Why did you recommend that surgery?

20 A. Typically, that's the gold standard for
21 treating surgically, is do a diskectomy and a fusion.

22 Q. And did you set up a time to do that?

23 A. Yes.

24 Q. And when did you do it?

25 A. He underwent surgery on November 19th, 2008.

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1 Q. If you could, as best you could, could you
2 describe what you did?

3 A. So the surgery, we go through the front of the
4 neck, make an incision about an inch, inch-and-a-half.
5 Patient is totally asleep. It's general anesthesia. We
6 go down to the disk level that's involved, C4/5. We get
7 an x-ray, make sure we're at the right level. Take out
8 that entire disk.

9 And by taking out that disk, we get rid of any
10 pressure on the nerve, on the spinal cord, but now you've
11 got a space there, so you have to fill that space in.

12 We use a space, a high grade plastic, called
13 PEEK. It goes into the disk space and we put a plate on
14 top.

15 What's going to happen, the bone from one
16 vertebra is going to fuse through the space into the
17 vertebra below, so that acts as one piece of bone, one
18 vertebrae. So it's a diskectomy and fusion.

19 Q. And how long does that operation take?

20 A. About three hours; two, three hours.

21 Q. Do you do a report?

22 A. Yes.

23 Q. And did you do a report?

24 A. Yes.

25 Q. Is that contained in the hospital record?

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1 A. Yes.

2 Q. Anything unusual?

3 A. No, it was a very standard case, no
4 complications. He tolerated the procedure well.

5 Q. Now, why did you elect to do one level, as
6 opposed to more?

7 A. I felt clinically that that was the most
8 clinically significant level. I try to minimize as many,
9 you know, fusion levels we do.

10 We don't want to do multiple levels if we
11 don't have to.

12 The bulge below was kind of going to the left.
13 He had mostly right-sided pain. It was minimal. I
14 thought clinically most of the symptoms were coming from
15 C4/5.

16 Q. And so the -- the fusion you did was just one
17 level?

18 A. Yes.

19 Q. And how long was he in the hospital for?

20 A. Typically, you go home the following day. Let
21 me just double-check. He was discharged home on November
22 20, 2008, the day after surgery.

23 Q. Now, following the surgery, when was the --
24 were there images taken in the hospital?

25 A. Just in the operating room and the MRI before

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1 surgery.

2 Q. After the surgery, do you know when the next
3 MRI was taken?

4 A. I mean, he did well following that surgery and
5 then he developed some recurrent symptoms.

6 MR. JEFFREYS: Objection, your
7 Honor, and move to strike the witness'
8 answer.

9 THE COURT: Okay, may I have the
10 question, please?

11 (Whereupon, the requested portion of
12 the record was read by the reporter.)

13 THE COURT: Okay, sustained.

14 Doctor, over here. Listen to the
15 question and answer that question.

16 Can we have it back?

17 (Whereupon, the requested portion of
18 the record was read back.)

19 A. No.

20 Q. Okay. Now if you could, did you see -- the
21 next time you saw him following the surgery was when?

22 A. December 4th, 2008.

23 Q. Could you tell us what, if any, were his
24 complaints at that time?

25 A. He was two weeks following surgery. He was

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1 doing well. His shoulder pain and arm pain had improved
2 since surgery. He just had some neck discomfort.

3 Q. And what did you do for him at that time?

4 A. Typically, at two weeks, we start him at
5 physical therapy and that's what he did. Gave him some
6 -- prescription for Flexeril, which is a muscle relaxant
7 so he doesn't have spasm after the surgery and he was to
8 advance to activities and he was going to come back in
9 three or four weeks.

10 Q. Did you prescribe any medications?

11 A. Flexeril, a muscle relaxant.

12 Q. All right. Did you take x-rays?

13 A. Yes.

14 Q. How did everything look?

15 A. X-rays looked good. He had an instrumented
16 fusion, which is plate at C4/5, and the instrumentation
17 was in good position and he had good alignment.

18 Q. Did you see him -- when was the next time you
19 saw him after that?

20 A. I have listed February 26th, 2009.

21 Q. Okay. Now if you could, just take us through
22 his treatment, up until the next surgery. How was he
23 doing, and what were you doing for him?

24 MR. JEFFREYS: Objection to the
25 form, your Honor.

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1 THE COURT: All right. That's
2 sustained. Ask a couple of foundational
3 questions.

4 MR. ZLOTOLOW: Okay.

5 A. So following February, this treatment --

6 THE COURT: No, no.

7 Q. Just tell us about your treatment following
8 surgery.

9 A. He was treated with physical therapy and some
10 medication and he was released to full activities.

11 Q. Okay. And when was the next time you saw him?
12 I think we were at 2/26/09?

13 A. Yes.

14 Q. All right, did you examine him at that time?

15 A. Yes.

16 Q. How was he doing at that point?

17 A. He was doing well. He was three months after
18 surgery. He had no pain in his neck. His numbness had
19 improved. He had some shoulder discomfort, but he was
20 under the care of Dr. Silverberg for that.

21 We got x-rays, which again showed a good
22 fusion at C4/5. He was -- at that point he was just to
23 continue his activities as tolerated and typically I have
24 him come back in three months just for a follow-up x-ray.

25 Q. Did you see him six months after surgery?

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1 A. Three months after surgery it was.

2 Q. Okay.

3 A. May 26th, 2009.

4 Q. I missed one. All right, May 26th, 2009. All
5 right. Tell us what happened that day.

6 A. He was six months after surgery. He had some
7 neck complaints. He was taking Flexeril for muscle
8 spasms and some Percocet for pain. He did have x-rays
9 which showed the diffused segment. There was some loss
10 of disk height at C5/6, which is below his fusion. He
11 was just started on an antiinflammatory to help with
12 inflammation.

13 Q. Is that a new finding?

14 A. Yes, on this x-ray.

15 Q. What was the significance of that?

16 A. Sometimes adjacent to a fusion you can have --
17 it puts a little more pressure to above or below, and you
18 can start to develop some degeneration. And so he was
19 started on a antiinflammatory, he was to continue with
20 his muscle relaxant, also given a prescription for
21 Percocet for any pain, and if his symptoms didn't improve
22 we were going to get an updated MRI.

23 Q. Okay. And did he have an updated MRI?

24 A. Yes, he did.

25 Q. When was that?

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1 A. I do not have the exact date.

2 Q. Why did you refer him for another MRI at that
3 point?

4 A. He was complaining of increasing neck pain and
5 now with left trapezial, which is the muscle at the base
6 of your neck, and shoulder pain.

7 Q. Okay. Did you look at the films?

8 A. Yes.

9 Q. Can you demonstrate for us what you found?

10 (Document handed to the witness)

11 THE COURT: While that's being set
12 up, jurors, if any of you need a break at
13 any time, just give my court officer a high
14 sign or me the high sign and we will
15 accommodate you.

16 THE COURT OFFICER: Plaintiff's 12
17 marked and received in evidence.

18 A. This is the MRI. This is June 6th, 2009.
19 Again, this is looking from the side again. This is
20 where he had his surgery. There's the screws. You can
21 see the dark structures in the bone (indicating). I felt
22 the level below was a little more prominent, the disk
23 herniation on the left. It was kind of correlating with
24 his new left-sided symptoms.

25 And this the cross-sections again. As you

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1 come down, this is the disk herniation right through
2 there (indicating). This image, this looks to be -- it's
3 third row first -- I need the actual image -- image 16
4 out of 20.

5 So you see this kind of on the left side
6 pushing down here (indicating). So this is opposite of
7 where you're looking. Even though it's on the right side
8 of this image, it's actually the left side of the disk.

9 Q. And how did the findings at C5/6 differ than
10 the findings that you had in the hospital before his
11 original surgery?

12 A. It was much more prominent now. Larger.

13 Q. And do you know why that is?

14 A. Sometimes adjacent to a fusion --

15 MR. JEFFREYS: Objection, your
16 Honor.

17 THE COURT: As to form, I'll
18 sustain.

19 Q. Do you have an opinion based upon a reasonable
20 degree of medical certainty why the disk appeared the way
21 it did when you read that film?

22 A. It was my opinion because of the adjacent --
23 he had a fusion, the adjacent level could be affected and
24 that's what happened. That put a little more pressure to
25 the level below and you can have new disk herniation, a

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1 more prominent herniation after a surgery.

2 Q. Did you recommend a course of treatment for
3 that?

4 A. Look at my records.

5 THE COURT: There is an open
6 question on the record, correct.

7 MR. ZLOTOLOW: I believe.

8 Q. Did you recommend a course of treatment?

9 (Witness steps to the witness
10 stand.)

11 A. Again, we discussed epidural steroid
12 injections and at that point he agreed to proceed with
13 that.

14 Q. And when was the next time you saw Mr. Cicola?

15 A. My next note that I have is in the hospital,
16 Huntington Hospital, October of 2009.

17 Q. What happened there?

18 A. Again, his pain became more severe and he
19 ended up in the emergency room at the hospital.

20 Q. And did you see him there at that time?

21 A. Yes.

22 MR. ZLOTOLOW: I offer --

23 THE COURT: Can't hear you.

24 MR. ZLOTOLOW: I offer the 2009
25 Huntington Hospital as 13.

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1 THE COURT: As per stipulation?

2 MR. JEFFREYS: Stipulated, your

3 Honor.

4 THE COURT OFFICER: Plaintiff's 13

5 marked and received in evidence.

6 Q. If you can, just recount what went on in the
7 hospital at that time.

8 A. Again, he had increased neck and left-sided
9 symptoms. Came to the emergency room, was admitted.

10 Again, we discussed treatment options,
11 injections, therapy, just living with it and he felt the
12 pain was severe enough to proceed with additional
13 surgery.

14 He underwent surgery on October 16th. Same
15 procedure, just a level below.

16 So with that procedure, typically we go from
17 the other side. His initial surgery we go from the left
18 side. This surgery we go from the right to avoid all the
19 scarring that was there from his previous surgery, take
20 out his previous plate at 4/5, take out the disk at 5/6,
21 put a longer plate in and fuse those two segments
22 together.

23 Q. So when that procedure is done, what is he
24 left with?

25 A. He's left with two disk levels that are fused.

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1 Q. And what do you mean by fused?

2 A. Fused. They don't move. So you would lose a
3 little bit of motion. But again, the point of that is to
4 get the pressure off the nerves and to help with his
5 pain.

6 Q. How were they fused?

7 A. It's the same way as the first procedure, you
8 take out the disk, put a spacer into the disk space and a
9 plate, and eventually the bone is going to grow from one
10 vertebral level to the next.

11 Q. So where his disks were are now --

12 A. Bone.

13 Q. Bone?

14 A. Yeah.

15 Q. And you said there is spacers. What is that?

16 A. Spacers, once the disk is taken out, there is
17 a space left open, so to prevent that from collapsing
18 down, you want to try to maintain the alignment. So when
19 the disk is removed, we put something of similar height
20 back in there. Use a high grade plastic called PEEK.
21 It's like a ring, put into the disk space, and through
22 that ring the bone is going to grow and become a solid
23 piece of bone.

24 Q. Okay. And so did you take -- you took out
25 the -- the first implantation?

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1 A. Took out the old plate at L4/5 and put a new
2 plate from C4 to C6.

3 Q. Is that like a double plate?

4 A. It's a longer plate, probably about that long
5 (indicating).

6 Q. Do you have anything that would show what that
7 looks like?

8 A. I have an x-ray. I'll give that to you.
9 That's an x-ray after surgery showing the implant.

10 (Document handed to counsel)

11 Q. When was this taken?

12 A. This is the most recent x-ray I had of him,
13 which was July, 2010.

14 MR. ZLOTOLOW: Can we mark this?

15 THE COURT OFFICER: You want to mark
16 them separately?

17 MR. ZLOTOLOW: We can mark them as
18 one group.

19 MR. JEFFREYS: I've never seen them
20 before.

21 THE COURT: They are being marked
22 for I.D. only, at this point.

23 MR. JEFFREYS: Thank you, your
24 Honor.

25 THE COURT: As a group? As a group.

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1 THE COURT: Doctor, they were taken
2 at the same time?

3 THE WITNESS: Yes.

4 THE COURT: Mark them as a group.

5 THE COURT OFFICER: Plaintiff's 14
6 marked for identification purposes only.

7 Q. Sir, did you request these x-rays be taken?

8 A. Yes.

9 Q. And when they were taken, were they sent to
10 you?

11 A. Yes.

12 Q. And did you use them in your diagnosis and
13 treatment of Mr. Cicola?

14 A. Yes.

15 Q. And are those fair and accurate
16 representations of the x-rays you received?

17 A. Yes.

18 MR. ZLOTOLOW: Your Honor, I offer
19 this into evidence.

20 THE COURT: Doctor, when were
21 these -- what date were these x-rays taken?

22 THE WITNESS: July 27th, 2010.

23 THE COURT: Okay. Show them to
24 Mr. Jeffreys.

25 MR. JEFFREYS: We actually have the

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1 films, which would be the best evidence, so
2 I have an objection to the photographs.

3 THE COURT: So you have the film and
4 you have this?

5 MR. JEFFREYS: These are the films
6 from 7/27/2010.

7 MR. ZLOTOLOW: These are actually
8 easier to see.

9 THE COURT: Take the film, show the
10 witness the film and then you can
11 coordinate the films --

12 MR. ZLOTOLOW: I understand.

13 THE COURT: -- the film to the
14 pictures.

15 (Document handed to the witness)

16 A. This is an MRI. These are x-rays.

17 MR. JEFFREYS: Keep looking. They
18 are not the same thing.

19 MR. ZLOTOLOW: Keep looking, maybe
20 they are.

21 THE COURT: Excuse me, locate the
22 same thing. It's around here someplace.

23 MR. JEFFREYS: Here they are.
24 Smaller.

25 THE COURT: Okay.

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1 (Document handed to the witness)

2 THE COURT: The film that the doctor
3 is holding, is this part of the stipulated
4 submission?

5 MR. JEFFREYS: Yes.

6 THE COURT: Let's mark it.

7 MR. ZLOTOLOW: Does that have a
8 separate --

9 THE COURT: Are we up to 15?

10 MR. JEFFREYS: It doesn't have a
11 separate folder. Do you want to put in it
12 here?

13 MR. ZLOTOLOW: We'll just put it in
14 here for now. We might run out of
15 envelopes.

16 THE COURT: Are we up to 15?

17 MR. JEFFREYS: 15, your Honor.

18 THE COURT: Let's mark it 15, I.D.
19 and in.

20 THE COURT OFFICER: In evidence?

21 THE COURT: Yeah, it's in.

22 THE COURT OFFICER: Plaintiff's 15
23 marked and received in evidence.

24 THE COURT: Go ahead.

25 BY MR. ZLOTOLOW:

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1 Q. Sir, those x-rays in front of you, are those
2 the --

3 THE COURT: 15.

4 Q. -- 15, can you demonstrate the findings,
5 please?

6 A. Yes. I can use the --

7 Q. Well, are those x-rays the same as the ones
8 that you have?

9 A. Yes, they are just printed on paper.

10 Q. Are they just printed on paper?

11 A. Yes.

12 Q. Would it be easier to see for the jury?

13 MR. ZLOTOLOW: We ask permission.

14 THE COURT: You're asking
15 permission?

16 MR. ZLOTOLOW: Yes.

17 THE COURT: Show the pictures to
18 Mr. Jeffreys. The doctor testified that
19 the pictures he has are representations of
20 15.

21 (Document handed to counsel)

22 MR. JEFFREYS: Your Honor, can I
23 also have the original films?

24 THE COURT: Yes, you can.

25 (Document handed to counsel)

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1 MR. JEFFREYS: Thank you.

2 There are two missing, your Honor.

3 I can't stipulate to this.

4 THE COURT: Okay, let's assume two
5 are missing. Are three the same? Do three
6 match up?

7 MR. JEFFREYS: Three match, your
8 Honor.

9 THE COURT: Okay, you may -- an
10 objection, Mr. Jeffreys?

11 MR. JEFFREYS: No objection.

12 THE COURT: Limited to the three,
13 they are in.

14 Mr. Zlotolow --

15 THE COURT OFFICER: Plaintiff's
16 Exhibit 14 now marked and received in
17 evidence.

18 THE COURT: You may inquire.

19 Q. Sir, could you demonstrate the findings of
20 those x-rays, please?

21 THE COURT: Demonstrate the
22 findings? You're asking what do they show?

23 Q. Yes, what do they show.

24 A. This is a plane x-ray of the patient's neck,
25 one of the views, the side view (indicating). This goes

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1 up here. He's looking this way (indicating).

2 Here are the disk spaces, above and below the
3 fusion.

4 This is the fusion right here, so this is C2,
5 C3, C4, C5, C6. This is where the disk spaces were.

6 These lines right here, they are just markers,
7 because the implant we use is like a plastic, so you
8 didn't really see that in the x-ray, so they put the
9 metal markers in there so we know where it is, to make
10 sure it's in the right position. So the spaces are at
11 C4/5, C5/6, there is a plate on top with screws that hold
12 it in place, and we're looking for, on these x-rays, you
13 kind -- you can barely even see what the disk spaces were
14 because all the bone has filled out that whole disk
15 spaces.

16 There is a solid fusion there. That's looking
17 from the side.

18 This is just another side profile and this is
19 looking from the front (indicating).

20 Again, those are the spacers, those are the
21 markers for the spacers. Two screws at each level, C4
22 and C55 and C6 and a plate.

23 Q. So is that what he's left with, currently?

24 A. Yes.

25 Q. Does this demonstrate the results of the

Dr. Alongi - Direct - Zlotolow

1 surgery?

2 A. Yes.

3 Q. All right, thank you.

4 THE COURT: Resume the seat, Doctor.

5 (Witness returns to the witness
6 stand.)

7 THE COURT: Ladies and gentlemen,
8 we're going to take a ten-minute recess.

9 As you know, I have to tell you
10 this, don't discuss the case among
11 yourselves or with anyone else, including
12 each other, until you get the case.

13 You'll get the case for your
14 deliberations when both sides have
15 completed their cases, then have made their
16 summations and you've gotten the final
17 instructions from me.

18 Take 10, stretch your legs. Thank
19 you.

20 (Jury leaving the courtroom)

21 THE COURT: Doctor, you can step
22 down.

23 THE WITNESS: Okay.

24 (Whereupon, a short recess was
25 taken.)

Dr. Alongi - Direct - Zlotolow

1 THE COURT OFFICER: Rise, please.

2 Jury entering.

3 (Jury entering the courtroom)

4 THE COURT: Please, everybody, be
5 seated. Doctor?

6 BY MR. ZLOTOLOW:

7 Q. Okay, I think we were -- where were we?

8 THE COURT: You want the last
9 question read?

10 MR. ZLOTOLOW: Yes, please.

11 (Whereupon, the requested portion of
12 the record was read back.)

13 Q. If you could, after the surgery, did Mr.
14 Cicola follow-up with you?

15 A. Yes. I need to grab my chart.

16 Q. You left your chart --

17 A. It's on the table over there.

18 Q. Is that it over here?

19 A. Yeah, I just put it over on the table.

20 THE COURT: Somebody will get it for
21 you, Doctor.

22 (Document handed to the witness)

23 A. Repeat the question?

24 Q. Yes. Did he follow-up with you following the
25 surgery?

Dr. Alongi - Direct - Zlotolow

1 A. Yes.

2 Q. He's still a patient of yours?

3 A. Yes.

4 Q. Have you seen him -- have you seen him fairly
5 consistently since the second surgery?

6 A. Yes.

7 Q. Did you outline for him like a course of
8 treatment, a protocol?

9 A. Yes.

10 Q. What was your recommendation to him?

11 A. Initially after surgery, it was similar to the
12 first surgery. He did physical therapy and advanced his
13 activities, and that was again pretty similar to the
14 first surgery.

15 Q. Okay. And was he to see you on a regular
16 basis?

17 A. Typically with any fusion patient, we follow
18 them intermittently. Every several months just get an
19 x-ray, make sure everything is healing the way it's
20 supposed to. Usually like every three months to six
21 months, he should come back for an x-ray.

22 Q. And did he?

23 A. Yes.

24 Q. And what -- what were the highlights of his
25 treatment up until today?

Dr. Alongi - Direct - Zlotolow

1 A. I mean overall he's doing better than he did
2 preoperatively. Still has some intermittent numbness and
3 some pain. He takes Lyrica, which is a medication that
4 helps irritated nerves, and that seems to help, and he's
5 just encouraged to maintain his activities as he can
6 tolerate.

7 Q. Did you put any restrictions on him?

8 A. Just as tolerated.

9 Q. So he self limits?

10 A. Yes.

11 Q. Do you -- did you give him anything else,
12 other than that?

13 A. Also give him some Percocet. If his pain ever
14 gets severe, he has medication to take if he needs to.

15 Q. Have you monitored him since that time?

16 A. Yes.

17 Q. Did he have any other issues or setbacks?

18 A. Since his last surgery?

19 Q. Yes.

20 A. Occasionally he'll have flare-ups where he has
21 increased pain, increased numbness, and he'll take the
22 medication and therapy and that will help. And when it
23 calms down, then he reduces the medication.

24 Q. Okay. Does he make complaints to you?

25 A. Yes.

Dr. Alongi - Direct - Zlotolow

1 Q. What type of complaints?

2 A. Intermittent pain in the neck and numbness.

3 Q. Is that to be expected?

4 A. Yes.

5 Q. And do you know what causes that?

6 A. It could be -- once the bone is fused solid,
7 the patient is having persistent pain, a lot of times
8 it's some residual, just injury to the nerve that
9 sometimes it heals, sometimes it never heals, so they
10 have some pain or numbness, and sometimes it's just
11 muscular and they need to rehab.

12 Q. Are there certain residuals that are expected
13 after this type of surgery?

14 A. There is certain residuals that are not
15 uncommon, such as numbness, pain.

16 Q. And the actual fusion, how does that effect
17 his mobility?

18 A. You do lose some loss of motion. Not a
19 significant amount, but a two-level fusion, you know, 50
20 percent of your motion comes from the base of your skull,
21 C1 and C2, so that's 50 percent of your motion. The
22 other 50 percent is distributed between C2 and C7, so we
23 break it down, you know, maybe 30 percent of motion he's
24 lost.

25 Q. All right. Now, when was the last time you

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1 saw him?

2 A. My last office visit was March 9th, 2012.

3 Q. And how was he doing at that time?

4 A. He still had some neck pain and arm pain and
5 shoulder pain.

6 Q. Does he have a future appointment to see you?

7 A. It was recommended he come back for follow-up
8 in two months.

9 Q. Now the -- is there any more treatment?

10 A. His treatment right now is medication and
11 exercise.

12 Q. As far as his current condition, do you have
13 an opinion based on a reasonable degree of medical
14 certainty whether his neck condition is permanent?

15 A. Yes, it is.

16 Q. And what's your opinion?

17 A. It's permanent in nature, his condition that
18 he has.

19 Q. And what is the basis of that? It may seem
20 obvious to you, but what is the basis?

21 A. The basis of that is his condition to the
22 spine, his herniated disk at C4/5 and C5/6, his multiple
23 surgeries.

24 Q. And does -- will there be any restrictions on
25 his activities?

Dr. Alongi - Direct - Zlotolow

1 A. Again, his restrictions are just what he can
2 tolerate pain-wise and range of motion.

3 Q. Did you tell him any things he really should
4 try to avoid?

5 THE COURT: Just yes or no.

6 A. No.

7 Q. Now, as far as the restrictions going forward
8 into the future, are they going to improve or get better
9 or are they going to get worse? Do you have an opinion?

10 A. They are probably not going to improve from
11 this point forward.

12 Q. Do you have a prognosis for the future?

13 A. Fair.

14 Q. And what do you mean by fair?

15 A. Fair, meaning that his symptoms are where they
16 are and they are probably not going to get much better
17 than what he has right now.

18 Q. Did you discuss with him further treatment
19 options?

20 A. Only treatment options we discussed is, like I
21 mentioned, just conservative treatment at this point,
22 physical therapy, medication, exercise and just treating
23 the symptoms. He's not indicated for any additional
24 surgery at this point.

25 Q. Does it appear that he's exercising?

Dr. Alongi - Direct - Zlotolow

1 A. Yes.

2 Q. Now, do you have an opinion, based upon a
3 reasonable degree of medical certainty, whether this
4 condition in his neck is a result of his accident on
5 January 11th, 2007?

6 A. It's my opinion that it is.

7 Q. And what is the basis for that opinion?

8 A. This patient, he was active, asymptomatic
9 before the accident, has an accident, now his symptoms,
10 his pain, MRI after the accident, demonstrates disk
11 herniation. It's based upon my opinion.

12 Q. Okay. Now, the fact that he appears to have
13 exercised quite a bit in his life, does that go into your
14 opinion at all?

15 A. No.

16 Q. How many surgeries have you done on people's
17 necks?

18 A. Over a thousand.

19 Q. Have you ever seen someone who looks like him?

20 A. Typically, not.

21 Q. Do you think that the fact that he's been
22 weight-lifting or anything like that plays a role in his
23 injury?

24 A. No, if anything, it helps him out by -- by
25 strengthening his muscles, it helps protect the spinal

Dr. Alongi - Direct - Zlotolow

1 column.

2 Q. I'm just asking, do you see -- is it typical
3 in your practice to see people who lifted weights and
4 stay in shape coming in for spinal fusions?

5 A. Usually not, no.

6 Q. How many times have you seen it?

7 A. Other than him, maybe one other patient that's
8 like a pretty avid body builder that I operated on.

9 Q. Okay. Do you think that had any role in his
10 findings?

11 A. No.

12 Q. Now, with regard to the cause of his injury,
13 did you note any -- any -- on any of the films, did you
14 note any degenerative process, any significant --

15 A. Nothing.

16 THE COURT: Wait, there is two
17 questions here. Any, and then you added
18 significant. Break it down. If you want
19 to make it two separate questions, that's
20 fine.

21 MR. ZLOTOLOW: Thank you.

22 Q. Did you notice any degenerative process?

23 A. Minimal degenerative process on his initial
24 x-ray.

25 Q. Did that play a role in his injury or your

Dr. Alongi - Direct - Zlotolow

1 treatment of him in any way?

2 A. No.

3 Q. Do you know of anybody who ever, any -- any
4 medical doctor who treated him that diagnosed him with
5 degenerative disk disease?

6 MR. JEFFREYS: Objection.

7 THE COURT: Do you -- you can answer
8 yes or no. Overruled. Just yes or no
9 answer.

10 A. Just repeat the question.

11 THE COURT: We'll get it back from
12 my stenographer.

13 (Whereupon, the requested portion of
14 the record was read back.)

15 THE COURT: Just yes or no.

16 A. No.

17 THE COURT: Next question.

18 Q. Did you ever --

19 A. No.

20 Q. Now, when you -- in performing surgery on this
21 gentleman, did you ever note any out of the ordinary
22 degenerative conditions that may have predated his
23 accident?

24 A. No.

25 Q. Do you think it played any role at all?

Dr. Alongi - Direct - Zlotolow

1 A. No.

2 Q. Now I'm going to ask you to look, if you
3 could, at these photographs.

4 (Document handed to the witness)

5 THE COURT OFFICER: Plaintiff's
6 Exhibits 1 through 6 marked in evidence.

7 A. Okay.

8 THE COURT: Just look at the
9 photographs.

10 Do you have a question.

11 MR. ZLOTOLOW: Yes, I do.

12 THE COURT: And you're standing up,
13 so you're about to make an objection?

14 MR. JEFFREYS: I am indeed, your
15 Honor.

16 THE COURT: Articulate the question.

17 Q. Sir, you just previously testified to the
18 cause between the accident and Mr. Cicola's neck injury.
19 I'd like you to assume that these are the photographs
20 placed in evidence depicting the damage to the vehicle
21 involved and ask you, having looked at that, whether it
22 changes your opinion in any way?

23 MR. JEFFREYS: Objection.

24 THE COURT: You're asking if looking
25 at the pictures changes his medical opinion

Dr. Alongi - Direct - Zlotolow

1 in any way?

2 MR. ZLOTOLOW: Yes.

3 THE COURT: And Mr. Jeffreys, the
4 nature of your objection is what?

5 MR. JEFFREYS: The level of
6 expertise that's required to make that
7 determination.

8 THE COURT: It's competency; right?

9 MR. JEFFREYS: Yes.

10 THE COURT: I sustain the objection.
11 He's an M.D.

12 MR. ZLOTOLOW: Yes.

13 Q. You're a doctor, correct?

14 THE COURT: He's permitted to give
15 opinions as to medical things; diagnoses,
16 prognoses, differential diagnoses and the
17 like.

18 Q. Okay. Sir, have you had some training
19 involving the mechanics of injuries?

20 A. Some.

21 MR. JEFFREYS: Objection, your
22 Honor. Can we approach on this?

23 THE COURT: Actually, mechanics of
24 injuries, the answer will stand. I'll see
25 you both at the sidebar.

Dr. Alongi - Direct - Zlotolow

1 (Discussion held off the record.)

2 BY MR. ZLOTOLOW:

3 Q. Sir, are you familiar with the mechanics of
4 what it takes to herniate a disk in the cervical spine?

5 A. Yes.

6 Q. And did you learn that in school?

7 A. Yes.

8 Q. Is that part of your training?

9 A. Yes.

10 MR. JEFFREYS: Your Honor, I have to
11 object at this point.

12 THE COURT: Overruled for now. The
13 answer is yes. Go ahead.

14 Q. What are some of the causes of a herniated
15 disk in a cervical spine?

16 A. There is multiple causes.

17 Q. Okay.

18 A. You can have an axial load, pressure from the
19 top down; you can have flexion extension, which is
20 bending forward and backwards; you can have flexion
21 distraction, which is bending forward and pulling the
22 head forward, so there is multiple causes.

23 Q. And aside from -- and in this case, do you
24 understand what the mechanism of injury is?

25 A. Yes.

Dr. Alongi - Direct - Zlotolow

1 Q. And what is the mechanism of injury in this
2 case?

3 MR. JEFFREYS: Objection, your
4 Honor.

5 THE COURT: Sustained.

6 Not necessarily -- not necessarily
7 on competence, but on foundation.

8 MR. ZLOTOLOW: Okay.

9 Q. I'm going to ask you to assume that Mr. Cicola
10 was in an accident, a rear-end accident, where he was
11 struck from behind and even -- even assuming a low
12 impact, do you believe that that is the competent cause
13 of his accident?

14 MR. JEFFREYS: Objection.

15 THE COURT: Sustained. Sustained.

16 Q. Do you believe there is a relationship between
17 the damage to one's vehicle and the damage to their neck?

18 MR. JEFFREYS: Objection.

19 THE COURT: Sustained.

20 Q. Do you have an opinion as far as -- do you
21 have any experience with lower speed impacts?

22 MR. JEFFREYS: Objection.

23 Relevance.

24 THE COURT: Overruled.

25 You can answer that.

Dr. Alongi - Direct - Zlotolow

1 A. Yes.

2 Q. Is a low speed impact, could that be a cause
3 of a cervical herniated disk?

4 MR. JEFFREYS: Objection.

5 THE COURT: Sustained.

6 Q. Is that one of the causes?

7 MR. JEFFREYS: Objection.

8 THE COURT: Sustained. Let me see
9 you both at sidebar.

10 (Discussion held off the record)

11 Q. Sir, I'm going to ask you your opinion based
12 upon a reasonable degree of medical certainty whether
13 this accident caused Mr. Cicola's neck injury.

14 A. Yes.

15 Q. And what is the basis for that opinion?

16 A. The basis is it's a rear impact, you get a
17 flexion.

18 THE COURT: Okay, do you have an
19 objection?

20 MR. JEFFREYS: There is an
21 objection. I move to strike anything
22 with --

23 THE COURT: The answer is -- the
24 objection is sustained. The answer is
25 stricken. You can ask it generically.

Dr. Alongi - Direct - Zlotolow

1 MR. ZLOTOLOW: Generically, okay.

2 THE COURT: Which you already have,
3 but do it again.

4 Q. I ask you sir, generically, if I could, your
5 opinion based on a reasonable degree of medical certainty
6 the cause of Mr. Cicola's neck injury.

7 A. Was this motor vehicle accident.

8 Q. And the basis, please?

9 A. I think I mentioned before --

10 THE COURT: Doctor, forget about
11 those pictures.

12 THE WITNESS: I am.

13 Q. Just give us all the pieces to the puzzle,
14 please.

15 A. The patient had no symptoms before an
16 accident, has an accident, then has symptoms, has an MRI
17 that demonstrates disk herniation, that's how I formulate
18 my opinion.

19 Q. Okay. Anything you've seen to alter your
20 opinion?

21 A. No.

22 MR. ZLOTOLOW: Thank you very much.

23 THE COURT: We'll commence
24 cross-examination now. We'll break at
25 12:30 for lunch.

Dr. Alongi - Cross - Jeffreys

1 CROSS-EXAMINATION

2 BY MR. JEFFREYS:

3 Q. Doctor, if you would be so kind to please keep
4 your voice up, it's difficult hearing you at counsel
5 table, so please keep your voice up.

6 A. Okay.

7 Q. And if during your testimony, Doctor, you need
8 to refer to your office records as you did when Mr.
9 Zlotolow was questioning you, please feel free to do so.
10 Just let us know when you're looking down at your
11 records; okay?

12 A. Okay.

13 Q. Doctor, I believe the easiest way to
14 understand this, your involvement, is we'll do it
15 chronologically, much like Mr. Zlotolow did. So we're
16 going to be beginning at November 11th, 2008. That's
17 your first date of treatment with Mr. Cicola; correct?

18 A. Correct.

19 Q. Doctor, can you tell the jury why you keep
20 office notes? What's the purpose of them?

21 A. To document the patient's symptoms, his
22 complaints and the plan.

23 Q. And you did that in this case; correct?

24 A. Correct.

25 Q. So on each visit that we spoke about earlier

Dr. Alongi - Cross - Jeffreys

1 you had an office note to go along with that?

2 A. Yes.

3 Q. And is it also to help to remember things of
4 significance in your client's treatment?

5 A. Yes.

6 Q. I'm assuming that you had many clients, other
7 than Mr. Cicola?

8 THE COURT: They have patients, we
9 have clients.

10 Q. Many patients --

11 THE COURT: Excuse me, I used to
12 have. You guys do --

13 Q. And your chart is being used to help you go
14 through your testimony here today; correct?

15 A. Yes.

16 Q. Would it be fair to say, Doctor, that
17 everything that you believed was significant concerning
18 Mr. Cicola's condition would be in your office notes?

19 A. Yes.

20 Q. That's the reason why you keep it, to put the
21 significant things in there; correct?

22 A. Correct.

23 Q. In your records, Doctor, you have some
24 abbreviations. Before we start to talk about them, I'd
25 like you to explain them to the jury a little bit. There

Dr. Alongi - Cross - Jeffreys

1 is an abbreviation called PMH in your records. Is that
2 past medical history?

3 A. Yes.

4 Q. And could you please tell the jury what past
5 medical history means?

6 A. If a patient has any medical conditions,
7 hypertension, high blood pressure, heart disease, any
8 type of medical conditions.

9 Q. Conditions that would have occurred at some
10 point before your initial visit?

11 A. Medical conditions.

12 Q. And that would be the past medical history and
13 you'd note that there; correct?

14 A. Correct.

15 Q. And is it important for you to know and to
16 chart, just as a physician in your practice, past medical
17 history?

18 A. Yes.

19 Q. And why is that important?

20 A. Certain conditions can be linked with other
21 conditions.

22 Q. Such as what, Doctor?

23 A. High blood pressure could be linked with a
24 heart attack. Diabetes can be linked with vascular
25 disease.

Dr. Alongi - Cross - Jeffreys

1 Q. And these are things that you're concerned
2 about in your field?

3 A. Yes.

4 Q. There are many past medical conditions that
5 are important to you in your medical field; correct?

6 A. Correct.

7 Q. And you also have something in there called
8 PSH; that's past social history?

9 A. Past surgical history.

10 Q. And is it important for you to understand in
11 your practice whether your patient's had a past surgical
12 history?

13 A. Yes.

14 Q. And why is that?

15 A. Any type of surgery the patient had, we'd like
16 to know. If the patient had any surgeries on their
17 spines, we want to know, or any surgeries in general.

18 Q. But why do you want to know that?

19 A. It's part of the patient's evaluation, just --
20 it's one big picture, the medical history, the surgical
21 history, the social history is one big pictures. It
22 helps us out.

23 Q. And your goal as a physician is to paint the
24 big picture for your patient; correct?

25 A. Correct.

Dr. Alongi - Cross - Jeffreys

1 Q. So if you understand all their background, you
2 can help treat them in the future; correct?

3 A. It's helpful.

4 Q. Now, there is something called family history;
5 correct?

6 A. Correct.

7 Q. And what's family history?

8 A. If a patient -- a patient's family has any
9 medical conditions.

10 Q. And why is that important in what you do?

11 A. Because there are some conditions that are
12 hereditary, genetic, you know, disposition, and patients
13 may develop it if their mother had it or father had it.

14 Q. What sort of conditions would we be talking
15 about that would be significant in family history?

16 A. Certain cancers, you know, especially my
17 practice certain cancers spread to the bone, so we're
18 concerned with that.

19 Q. Anything else, other than cancers?

20 A. That's a most concerning one.

21 Q. Family history of arthritis, would that be a
22 problem?

23 A. We like to know but it's not -- it's not a big
24 hereditary process with that.

25 Q. Would that be the same, whether it's

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1 osteoarthritis or rheumatoid arthritis?

2 A. Correct.

3 Q. Nice to know, but not critical for you?

4 A. Yes.

5 Q. I think we covered some of the preliminaries
6 that are in your report. Let's go to your initial
7 consultation; okay?

8 A. Okay.

9 Q. On November 11th, 2008, that was your first
10 date of treatment for Mr. Cicola; correct?

11 A. Correct.

12 Q. And he had been referred to you by another
13 orthopedist; correct?

14 A. Correct.

15 Q. And that's Dr. Silverberg?

16 A. Correct.

17 Q. And who is Dr. Silverberg?

18 A. Dr. Silverberg is a general orthopedist in
19 Plainview.

20 Q. And did you know him before Mr. Cicola's case?

21 A. The doctor?

22 Q. Yes.

23 A. Yes.

24 Q. What's his first name?

25 A. I believe it's Scott.

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1 Q. And where does he work?

2 A. In Plainview.

3 Q. In Plainview?

4 A. Plainview.

5 Q. And had you ever received referrals from
6 Dr. Silverberg before Mr. Cicola?

7 A. Yes.

8 Q. And since Mr. Cicola, have you received
9 referrals from Dr. Silverberg?

10 A. Yes.

11 Q. The referral that you got from Dr. Silverberg,
12 was it in writing or was it oral?

13 A. I believe it was oral.

14 Q. And do you remember the sum and substance of
15 what the referral was when you -- withdrawn.

16 Did you speak to Dr. Silverberg or somebody in
17 his office about this referral?

18 A. I didn't speak to anybody.

19 Q. Well, you were referred at some point;
20 correct?

21 A. The patient was referred by Dr. Silverberg.

22 Q. Did you speak to Dr. Silverberg before you saw
23 Mr. Cicola?

24 A. No.

25 Q. So when Mr. Cicola came to you on November

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1 11th, 2008, you had not spoken with his then treating
2 orthopedist, Dr. Silverberg?

3 A. No.

4 Q. And when Mr. Cicola came to you on November
5 11th, 2008, had you spoken with his treating orthopedist,
6 Dr. Sinha?

7 A. No.

8 Q. Were you aware that you were the third
9 orthopedist that he was seeing or somebody with a
10 specialty in orthopedics?

11 A. No.

12 Q. And at the point of his referral to you, did
13 you believe that he was being referred to you as a
14 surgical client?

15 A. No, some patients are referred for surgery,
16 others just for nonoperative treatment.

17 Q. And when Mr. Cicola came to you, you weren't
18 sure at that point whether he was being referred to you
19 for surgery or not; correct?

20 A. Correct.

21 Q. This despite the fact that you actually did
22 surgery on him eight days after you first saw him?

23 A. Correct.

24 Q. Correct. But on that initial evaluation, you
25 didn't know at that point that you were going to do

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1 surgery yet; correct?

2 A. Correct.

3 Q. In your initial past medical history section
4 of that initial consultation of November 8th -- of
5 November 11th, 2008, you state there that it's
6 unremarkable. What does unremarkable mean?

7 A. There is nothing to remark about. There is
8 nothing to list.

9 Q. So you asked for past medical history, but as
10 far as you were concerned, whether Mr. Cicola told you
11 anything or not, there was nothing significant for you to
12 put in your report?

13 A. Correct.

14 Q. Do you remember him telling you anything about
15 his past medical history whatsoever?

16 A. I have nothing listed, no.

17 Q. And from your best recollection, it would have
18 to be from referring to your records rather than an
19 independent recollection of something that happened three
20 or four years ago?

21 A. Correct.

22 Q. As an orthopedic surgeon, would it be
23 important for you to know if the plaintiff had any cardio
24 or pulmonary problems before you saw him?

25 A. It's helpful.

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1 Q. And why is that?

2 A. Just to get an understanding of the patient's
3 background.

4 Q. And did Mr. Cicola say that he either had
5 cardio or pulmonary problems before you saw him?

6 A. Not that I recall.

7 Q. Are you aware or have you since become aware
8 that Mr. Cicola had a prior medical history of two
9 spontaneous lung collapses in 1988 and 2005?

10 A. I'm aware of it now.

11 Q. And when did you become aware of that fact?

12 A. Just today.

13 Q. When I told you?

14 A. Yeah.

15 Q. Would that be one of those cardio or pulmonary
16 problems that would be a significant past medical
17 history?

18 A. It's significant.

19 Q. But that's not there in your initial
20 consultation of his --

21 A. No.

22 Q. And do you have any independent recollection
23 of Mr. Cicola telling you that he had two prior collapsed
24 lungs?

25 A. I don't recall, no.

Dr. Alongi - Cross - Jeffreys

1 Q. And the scientific term for a collapsed lung,
2 would that be a pneumothorax?

3 A. Yes.

4 Q. But if you believed that was significant and
5 Mr. Cicola had told you that, that would have been one of
6 those things that you would have put under past medical
7 history; correct?

8 A. Correct.

9 Q. Now, we'll get into this a little better
10 later, in more detail, but just the very basics. When
11 Mr. Cicola saw you at some point in your treatment during
12 the three years you treated him or approximately three
13 years, at any point did he make complaints to you of left
14 shoulder pain?

15 A. Yes.

16 Q. Was this left shoulder pain initially when he
17 saw you or did it develop later in your treatment of him?

18 A. Later in my treatment.

19 Q. And when Mr. Cicola came to you at whatever
20 point it was and made complaints to you about pain in his
21 left shoulder, did he tell you that he had previously
22 dislocated his left shoulder on at least two or three
23 prior occasions?

24 A. I don't recall that.

25 Q. And if he did tell you that and you were

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1 treating that left shoulder, would that be something
2 significant that you would put in past medical history?

3 A. To be honest with you, I typically don't put
4 about dislocations or fractures in the note.

5 Q. Why don't you do that, sir?

6 A. Because it doesn't effect my treatment.

7 Q. Did you treat his left shoulder?

8 A. No.

9 Q. So you weren't involved whatsoever in the
10 treatment of the left shoulder?

11 A. I was treating his spine.

12 Q. He had pain referable from the spine into the
13 left shoulder; correct?

14 A. Correct.

15 THE COURT: Doctor, everybody has to
16 hear you.

17 THE WITNESS: Okay.

18 THE COURT: Keep it up.

19 Q. And for this initial visit with Mr. Cicola,
20 you note that past family history was significant for
21 breast cancer and arthritis; correct?

22 A. Correct.

23 Q. So arthritis was significant enough for you to
24 put in Mr. Cicola's chart for a family history; correct?

25 A. Correct.

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1 Q. And tell the jury what arthritis is.

2 A. It's the breakdown of the cartilage, wear and
3 tear, and so the cartilage wears out and you start
4 getting a lot of inflammation and eventually it's bone
5 rubbing on bone and it's painful.

6 Q. Now, there is a difference between
7 osteoarthritis and rheumatoid arthritis; correct?

8 A. Correct.

9 Q. Osteoarthritis is -- I'll do it this way,
10 rheumatoid arthritis is a swelling in the joint; correct?

11 A. They both can have swelling in the joint.

12 Q. Tell the jury the difference between
13 osteoarthritis and rheumatoid arthritis?

14 A. Rheumatoid arthritis is an inflammatory
15 condition, so it's inflammation that causes all the soft
16 tissues around the joint to become inflamed.

17 Osteoarthritis is just a wear and tear process
18 where the cartilage gets worn out. It affects mostly the
19 weightbearing surfaces of the joints, like the hips, the
20 knees, just from wear and tear.

21 Rheumatoid is more systemic. It effects
22 multiple joints in the hands and throughout your body and
23 it's more an inflammatory condition and they treat it a
24 little differently.

25 Q. Is rheumatoid arthritis a disease?

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1 A. It's considered a disease.

2 Q. Is osteoarthritis a disease or is it a
3 condition?

4 A. It's a condition.

5 Q. But the osteoarthritis that you told us about,
6 the general definition, that's from wear and tear?

7 A. Correct.

8 Q. When the patient first came to you on November
9 11th of 2008, he made complaints of pain in his right
10 shoulder -- excuse me, in his right trapezius muscle,
11 limited cervical range of motion and pain in his right
12 shoulder; correct?

13 A. Correct.

14 Q. Can you point out to the jury where that --
15 those particular parts of the body are where he was
16 causing pain? And when you point, describe it in words,
17 if you can, please.

18 A. So the neck, the right trapezius is like the
19 base of the neck and shoulder and then the shoulder
20 (indicating).

21 Q. And you tested Mr. Cicola's shoulder range of
22 motion; correct?

23 A. Correct.

24 Q. And you tested both shoulders, I believe;
25 correct?

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1 A. Correct.

2 Q. And the left shoulder had a good painless
3 range of motion; correct?

4 A. Correct.

5 Q. So was that a normal finding in the left
6 shoulder?

7 A. Yes.

8 Q. Now, at some point during your treatment with
9 Mr. Cicola that normal finding in the left shoulder got
10 significantly worse; correct?

11 A. The physical exam?

12 Q. On physical exam.

13 A. Not that I recall.

14 Q. Do you remember Mr. Cicola reporting to you
15 significantly increased pain in range of motion when you
16 were testing his left shoulder?

17 A. I recall increased pain in the left shoulder.

18 Q. But when you did your initial exam of him,
19 there was painless range of motion in the left shoulder;
20 correct?

21 A. Correct.

22 Q. So it was -- the left shoulder got worse over
23 time?

24 A. In regards to pain, but I cannot comment on
25 range of motion.

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1 Q. Okay. We'll get to range of motion because
2 that's very much later in your treatment, sir.

3 And on the right side there was pain in the
4 right shoulder; correct?

5 A. Correct.

6 Q. And what was the movement that caused the pain
7 in the right shoulder?

8 A. According to my note, severe pain with
9 abduction.

10 Q. And explain to the jury what abduction is.

11 A. Abduction is pulling your arm away from your
12 body.

13 Q. Would that be pulling out from, if your arm
14 was down at your right side, going out 90 degrees out
15 from your body, is that abduction?

16 A. Yes.

17 Q. Was that the only place where he was
18 experiencing pain in that right shoulder, was on
19 abduction?

20 A. That's all I have listed, noted on my note.

21 Q. And, Doctor, is that the same range of motion,
22 that abduction range of motion, that one would have when
23 lifting weights?

24 A. Repeat the question.

25 Q. Is that abduction motion to the side that you

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1 just told us about, from the leg raising up 90 degrees,
2 is that the same motion that you would have lifting
3 weights?

4 A. Some exercises you abduct your shoulder, yes.

5 Q. Did you ask Mr. Cicola if he did exercises to
6 his right shoulder concerning that abduction?

7 A. No.

8 Q. Never came up?

9 A. No.

10 Q. Did he volunteer that information to you at
11 any point?

12 A. Not that I recall.

13 Q. Did he volunteer the information that he had
14 been doing exercises involving abduction of the right
15 shoulder for 15 years before you even saw him?

16 A. Not that I recall.

17 Q. Did he tell you that he had lifted those
18 weights for an average of five days per week?

19 A. No.

20 Q. Would that be something that you may note in
21 past medical history or some other place in your notes,
22 if he had told you?

23 A. Possibly.

24 THE COURT: Mr. Jeffreys, start
25 looking for a place.

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1 MR. JEFFREYS: Yeah, I'll -- four
2 questions, your Honor.

3 THE COURT: Go ahead.

4 Q. You also tested strength in that right
5 shoulder; correct?

6 A. Correct.

7 Q. And you found that the strength was normal;
8 correct?

9 A. Correct.

10 Q. That's a five out of five finding?

11 A. Yes.

12 Q. And tell the jury how that scale works, that
13 one through five scale for strength?

14 A. It's zero through five. Five is full motor
15 strength. Four is a little bit of weakness. Three is
16 you can move it against gravity but it's still weak.
17 Two, you can move it but you can't move your extremity
18 against gravity. If you eliminate gravity, then you can
19 move it. That's two out of five. One is like a flicker
20 and then zero is nothing.

21 Q. But for Mr. Cicola, you found that he was
22 normal because he had a five out of five in that right
23 shoulder; correct?

24 A. Yes.

25 MR. JEFFREYS: Your Honor, I think

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1 this is a good place to stop.

2 THE COURT: Okay. Jurors, we're
3 going to break for lunch right now.

4 Again, don't discuss the case among
5 yourselves or with anybody else until it's
6 time, and that time will be after both
7 sides rest, you've heard their summation
8 and you receive the Court's charge to you
9 on the law.

10 We'll reconvene downstairs at 2:00
11 p.m. We'll get you right up. Thank you.

12 (Jury leaving the courtroom).

13 (Whereupon, a luncheon recess was
14 taken).

15 THE COURT OFFICER: All right,
16 remain standing, come to order.

17 THE COURT: Please be seated.

18 Doctor, resume the stand, please.
19 Whenever you're ready, George.

20 I assume there is no application
21 prior to the jury coming in?

22 MR. ZLOTOLOW: No, your Honor.

23 MR. JEFFREYS: No.

24 THE COURT OFFICER: Rise, please.

25 Jury entering.

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1 (Jury entering the courtroom)

2 THE COURT: Please be seated,
3 everybody. Good afternoon.

4 THE COURT: You may proceed.

5 MR. JEFFREYS: Thank you, your
6 Honor.

7 THE COURT: Doctor.

8 CONTINUED CROSS-EXAMINATION

9 BY MR. JEFFREYS:

10 Q. Doctor, before we took our break we talked a
11 little bit about your first note with the plaintiff. I'd
12 like you to just review that topic for a second and
13 we'll come back to it and talk a little bit about bulges,
14 herniations and protrusions; okay?

15 On direct examination you told us that folks
16 over 20 years of age you would begin to see some form of
17 process over time, some sort of degeneration; correct?

18 A. Yes.

19 Q. And would that be the same whether there is a
20 bulge, a protrusion or herniation?

21 A. Typically, it results in a bulge, initially.

22 Q. Okay. And, Doctor, for Mr. Cicola, when you
23 saw him, did you note that he had some bulges in his
24 back?

25 A. In his back?

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1 Q. Sorry, in his neck. I'm sorry.

2 A. On my note from November 11th, I just -- I
3 reviewed the report. I didn't have the actual films.

4 MR. JEFFREYS: Can the doctor be
5 shown the hospital record, Plaintiff's 11,
6 the 2008 hospitalization?

7 Q. And, Doctor, to speed things along, I put some
8 tabs on that to alert you to the pages that we're going
9 to be referencing. And if you go to the bottom, the
10 bottom tag, I think I have a bottom tag there for your
11 11/18/08 admission note. Do you see that there?

12 A. Yes.

13 Q. And, Doctor, your note reads, "Initially,
14 symptoms began about" -- is that what that sign is, about
15 one year ago? It's a squiggle.

16 A. I'm on the wrong page.

17 THE COURT: The tag was on the side,
18 not the bottom.

19 Q. Are you on the 11/18/08 at 11:00 a.m. note?

20 A. Yes.

21 Q. The third line down, it says, "Initially,
22 symptoms began" and then there is a squiggle. What does
23 that squiggle mean?

24 A. Approximately.

25 Q. "Initially symptoms began approximately one

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1 year ago with neck and right shoulder pain. Over past
2 month, symptoms much worse. Had MRI C spine with
3 multiple levels of disk bulges and herniation C4/5." Do
4 you see that there?

5 A. Yes.

6 Q. And when you noted in your note, your hospital
7 note on October 18th of 2008 that there were multiple
8 levels of disk bulges, where were those levels?

9 A. Just to clarify, this is the physician's
10 assistant's note.

11 Q. Okay. It's in evidence. Any idea where that
12 came from, sir?

13 A. The only bulge that I recall was at C5/6.

14 Q. That was the one below the one you did surgery
15 on; correct?

16 A. Below, correct.

17 Q. And that existed when you first saw him;
18 correct?

19 A. Correct.

20 Q. And, Doctor, if you can go to the side tag
21 that's there, that's a consultation report. It's a
22 consultation report with an admit date of 11/18/2008 at
23 the top of it and says Christopher Cicola. Do you see
24 that?

25 A. Yes.

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1 Q. Second full paragraph, last line, quote, "He
2 is an active athlete and weight-lifter, although he has
3 been unable to engage in weight-lifting in the past
4 several months due to his neck pain." Do you see that?

5 A. Yes.

6 Q. Doctor, did Mr. Cicola tell you that he was an
7 avid athlete and weightlifter when you saw him?

8 A. I don't recall that, no.

9 Q. If he had told you that, is that something you
10 would have noted in your chart, your own chart?

11 A. Possibly.

12 Q. And when we're speaking about past medical
13 history or past social history or things like that, that
14 you actually put in your own personal chart, your own
15 office notes, is that based on what the patient tells
16 you?

17 A. Yes. For the most part, yes.

18 Q. So if the patient is not forthright with you,
19 you would have no way to find out about that on your own;
20 correct?

21 A. Correct.

22 MR. JEFFREYS: Can the doctor please
23 be shown the 2009 records?

24 (Document handed to the witness)

25 THE COURT OFFICER: Exhibit 13 in

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1 evidence.

2 Q. Doctor, on your direct examination, as I
3 recall, you indicated that you had never heard or noted
4 that Mr. Cicola had degenerative changes in his back at
5 any point; correct?

6 A. In his back or his neck?

7 Q. His neck, I'm sorry, in the neck.

8 A. Can you repeat that?

9 Q. When you spoke on direct this morning, you
10 indicated that you had never heard of the fact that
11 Mr. Cicola had degenerative changes in his neck?

12 A. I don't remember that.

13 Q. Okay. If you could turn to the 2009 hospital
14 record, the first tag, it's a consultation report with an
15 admit date of 10/14/2009.

16 A. It's a consultation?

17 Q. It's a consultation report.

18 THE COURT: Indicated it was the
19 first tag, Doctor.

20 THE WITNESS: This is the first tag,
21 your Honor.

22 MR. JEFFREYS: We'll do the cover
23 page.

24 Q. What's MDC, Doctor, what does that mean?

25 A. I'm sorry?

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1 Q. On the first page of the record, what does MDC
2 mean?

3 A. This is a diagnosis code.

4 Q. And for the particular diagnosis code for
5 Mr. Cicola for his 2009 hospitalization, is that diseases
6 and disorders of the musculoskeletal system connective
7 tissue?

8 A. Yes.

9 Q. Anything in there about the auto accident that
10 you can see on this initial page, anything in there about
11 an auto accident?

12 A. No.

13 Q. Can you turn to the next tab, please, Doctor?

14 By the way, Doctor, disease, that's something
15 different from acute trauma; correct?

16 A. Yes.

17 Q. There is nothing on this first page to show
18 anything about an acute trauma, is there?

19 A. I mean, a displacement of the disk can be
20 acute or chronic.

21 Q. Correct, but there is nothing that says that
22 displacement of the disk is traumatic; correct?

23 A. It does not say that, no.

24 Q. It's silent on whether it's traumatic or
25 chronic; correct?

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1 A. Correct.

2 Q. If you would turn to the first tab that's on
3 the side, it's a consultation note dated October 14th,
4 2009. Do you have that there? Is it there, sir? I just
5 want to make sure you have it.

6 A. Yeah, I mean, it's in the back.

7 Q. We're going to go through a few pages of that
8 record.

9 A. Yeah, but all I have is this, this one
10 paragraph from the 14th.

11 Q. No, it just shows an admit date on the 14th.

12 MR. JEFFREYS: Your Honor, may I
13 approach and get the page for the witness?

14 THE COURT: I can see where the tabs
15 are, but --

16 THE COURT: Please approach the
17 witness and show him the pages that -- the
18 suggested pages you're pointing out.

19 A. The 14th, that's the only one date I had, the
20 14th.

21 BY MR. JEFFREYS:

22 Q. There is one that has an admission note. See
23 all of them say admit date and they are all the same?

24 A. Okay.

25 Q. Want to make sure that's the one. I just want

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1 to make sure I have the right one. Okay.

2 THE COURT: Are we literally on the
3 same page now?

4 MR. JEFFREYS: I believe we are,
5 your Honor.

6 THE COURT: All right, good.

7 Q. Okay, that is a consultation report in the
8 Huntington Hospital record from Jalil Anwar; correct?

9 A. Correct.

10 Q. And if you look down the fourth paragraph from
11 the bottom, it starts with the word MRI. Do you see that
12 there?

13 A. Yes.

14 Q. And that says, quote, MRI of the cervical
15 spine shows interval anterior cervical fusion at the 4/5
16 level, degenerative changes with new disk and osteophytes
17 complexes resulting in new mild central canal stenosis
18 and bilateral foraminal narrowing at the C5 and C6 level
19 and multi-level foramen narrowing; do you see that?

20 A. Yes.

21 MR. ZLOTOLOW: Can I have the date?

22 MR. JEFFREYS: It's Jalil Anwar, and
23 the date on the top, is 10/14/09.

24 MR. ZLOTOLOW: '09.

25 Q. Do you see that there?

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1 A. Yes.

2 Q. Now, that notes that there is a new finding
3 there of degenerative changes; correct?

4 A. According to Dr. Anwar, but he's a
5 pulmonologist.

6 Q. Right, but these are the Huntington Hospital
7 records and you were his principal physician at
8 Huntington Hospital during both admissions; correct?

9 A. Correct.

10 Q. You were the one that admitted him and you
11 were the one that was responsible for his care and
12 treatment at Huntington Hospital; correct?

13 A. Correct.

14 Q. So anything that was done here was under your
15 direction and supervision; correct?

16 A. Correct.

17 Q. So when Dr. Anwar is talking about
18 degenerative changes, do you have a disagreement with
19 Dr. Anwar about that diagnosis?

20 A. Yeah, that's not my diagnosis.

21 Q. But did you have a disagreement with him?

22 A. No.

23 Q. Did you speak with him at the hospital to say,
24 Dr. Anwar, when you put that note in there about
25 degenerative changes, that's just wrong?

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1 A. No.

2 Q. Now, he also talks about multi-level foramen
3 narrowing; do you see that?

4 A. Yes.

5 Q. When you're talking about multi-level
6 narrowing, what are you talking about in medical terms?

7 A. More than one.

8 Q. More than one. So, you told us earlier that
9 he had the herniated disk at C4/5 that you operated on
10 initially, and then he had a bulge at C5/6; correct?

11 A. Initially, correct.

12 Q. Would multi-level narrowing be consistent with
13 just those two or could it be more?

14 A. It could be or it could be more.

15 Q. If you'd flip to the next tag, please, Doctor?
16 It's the surgical pathology report.

17 MR. ZLOTOW: Is '09?

18 MR. JEFFREYS: Yeah, these are all
19 '09.

20 Q. Do you have that there?

21 A. Yes.

22 Q. After you did the surgery in 2009, did you
23 send some of the material that you took out of
24 Mr. Cicola's neck to the laboratory for analysis?

25 A. Yes.

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1 Q. And, sir, did the laboratory find on that
2 particular occasion that the fibrocartilaginous tissue
3 had degenerative changes?

4 A. Yes.

5 Q. And that would be consistent with degeneration
6 where you did the surgery; correct?

7 A. Correct.

8 Q. And if you would flip, please, to the next
9 tab? It looks like it's a cervical CT report dated
10 October 15th, 2009; correct?

11 A. Correct.

12 Q. And four paragraphs from the bottom, quote,
13 "At C5/6 level, again noted is an asymmetric disk
14 osteophyte complex, left greater than right, mildly
15 contacting the anterior cervical cord resulting in a
16 minor central canal stenosis and bilateral foraminal
17 narrowing without significant change." Is that what it
18 says?

19 A. That's what it says.

20 Q. Now, those osteophyte complexes that are
21 referenced there, that's a degenerative condition;
22 correct?

23 A. Correct.

24 Q. And that happens over time; correct?

25 A. Correct.

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1 Q. And as people get older, those things happen;
2 correct?

3 A. Correct.

4 Q. And if you flip to the next page on that,
5 right at the top, the top paragraph, does it say, quote,
6 stable degenerative spondylosis of the cervical spine
7 with mild central canal stenosis at C5/6 level?

8 A. Yes, it says that.

9 Q. Now, degenerative spondylosis, what is that?

10 A. That's just degeneration.

11 Q. It's a degeneration and it's in his cervical
12 spine; correct?

13 A. According to this report, yes.

14 Q. And, again, you were the doctor who was in
15 charge of his care at the time this report was prepared;
16 correct?

17 A. Correct.

18 Q. And Dr. Chan prepared this report; correct?

19 A. Correct.

20 Q. And it says that you were the doctor that
21 ordered this report; correct?

22 A. Correct.

23 Q. Did you dispute Dr. Chan's finding that he had
24 stable degenerative spondylosis of the cervical spine?

25 A. I didn't dispute it, no.

Dr. Alongi - Cross - Jeffreys

1 Q. And if you would flip to the next note, it's
2 an MRI of the cervical spine?

3 MR. ZLOTOLOW: This is still '09;
4 right?

5 MR. JEFFREYS: Yes, we're all '09.

6 MR. ZLOTOLOW: Okay.

7 Q. October 14th, 2009, do you see that there?

8 A. Yes. Yeah.

9 Q. If you flip to the second page, the second
10 page of that, quote, "Degenerative spondylosis of the
11 cervical spine with new disk osteophyte complex resulting
12 in new mild central canal stenosis and bilateral
13 foraminal narrowing at the C5/6 level, multi-level
14 foraminal narrowing as described above. No evidence of
15 cord compression." Do you see that?

16 A. Yes.

17 Q. Is that degenerative spondylosis the same
18 degenerative condition that we spoke about earlier?

19 A. Earlier when?

20 Q. Two minutes ago.

21 A. Yes.

22 Q. And the same multi-level foraminal narrowing,
23 that's the same diagnosis that was found when the CT scan
24 was reviewed; correct?

25 A. Yes.

Dr. Alongi - Cross - Jeffreys

1 Q. And there was no evidence of cord compression;
2 correct?

3 A. Correct.

4 Q. Does that mean that whatever condition existed
5 in his spine at the time, it was not impinging on his
6 spinal cord?

7 A. Not on the cord, no.

8 Q. Doctor, having looked at this, these hospital
9 reports and records, does that refresh your memory
10 concerning that Mr. Cicola had degenerative changes in
11 his spine?

12 A. I don't understand.

13 Q. Did he have degeneration in his spine at some
14 point?

15 A. Yes. Like I mentioned before, yes.

16 Q. Now we're going to go back to your initial
17 test, the 2008, November 11th exam. You tested his range
18 of motion in his back; correct?

19 A. Yes.

20 Q. And that was normal; correct?

21 A. Correct.

22 Q. And you tested the range of motion in his
23 hips, knees and ankles; correct?

24 A. Correct.

25 Q. And that was normal; correct?

Dr. Alongi - Cross - Jeffreys

1 A. Correct.

2 Q. And you tested something with Mr. Cicola
3 called a pinprick test; correct?

4 A. I don't have that listed, no. Where do you
5 see that?

6 Q. Did you do a pinprick test on him?

7 A. I don't have that listed. It just says --

8 Q. Do you remember doing a pinprick test on him?

9 A. No.

10 Q. I see that -- oh, sorry, after the initial
11 examination on 11/11/08, you made an initial diagnosis;
12 correct?

13 A. Correct.

14 Q. And that's what you would call your
15 assessment; right?

16 A. Correct.

17 Q. And you assessed that as herniated nucleus
18 pulposus, C4/5; correct?

19 A. Correct.

20 Q. And I see that you also note a, quote, small
21 left-sided disk herniation at C5/6, which does not
22 correlate with the patient's present symptoms; is that
23 correct?

24 A. Correct.

25 Q. When you say it doesn't correlate with his

Dr. Alongi - Cross - Jeffreys

1 symptoms, does that mean that the complaints that he was
2 making didn't match up with the problem at C5/6?

3 A. He had right-sided complaints and that was a
4 left-sided herniation.

5 Q. So anything that was going on at C5/6 at that
6 point, if Mr. Cicola had complaints, at least from your
7 perspective it wasn't related to C5/6?

8 A. Again, that's just going on the report. I
9 didn't have the films at the time, but yes, according to
10 the report, I felt it was more C4/5.

11 Q. He was making right-sided complaints and the
12 C5/6 disk would have been left-sided complaints; correct?

13 A. Correct.

14 Q. And what symptoms was Mr. Cicola experiencing
15 that you said didn't correlate with the C5/6 disk?

16 A. The side.

17 Q. The wrong side, as far as --

18 A. Opposite.

19 Q. -- as far as the disk would have been
20 concerned? So all of his complaints were to the right
21 side?

22 A. At that time I felt they were all consistent
23 with the C4/5 disk.

24 Q. Was he making complaints of anything else,
25 other than the right side?

Dr. Alongi - Cross - Jeffreys

1 A. Not that I know of. Not that I'm aware of.

2 Q. And I see that you recommended that the
3 plaintiff undergo a right shoulder MRI; correct?

4 A. Correct.

5 Q. And that was done on November 12th, 2008;
6 correct?

7 A. Correct.

8 Q. And, Doctor, you reviewed those MRI films;
9 correct?

10 A. Correct.

11 Q. And that was a right shoulder MRI; correct?

12 A. Correct.

13 Q. And, sir, would you agree with me that the
14 right shoulder MRI showed extensive calcific tendonitis
15 of the supraspinatus tendon?

16 A. Correct.

17 Q. Tell the jury where the supraspinatus tendon
18 is?

19 A. It's one of the tendons in the rotator cuff in
20 the shoulder.

21 Q. And how many tendons are there in the
22 shoulder; four?

23 A. Yes.

24 Q. And this was one of them?

25 A. Yes.

Dr. Alongi - Cross - Jeffreys

1 Q. And one of them was enough that, when you saw
2 him, to be extensive calcific tendonitis; correct?

3 A. I just have listed calcific tendonitis.

4 Q. At the supraspinatus tendon; correct?

5 A. According to my office report, the way I have
6 interpreted it, it demonstrates calcific tendonitis,
7 small partial tear of the rotator cuff tendon and
8 bursitis.

9 Q. Doctor, do you have that MRI report there with
10 you in your records? Do you have them there?

11 A. I don't believe so.

12 Q. The November 12th, 2008 report.

13 A. No.

14 Q. Any reason why you don't have that report with
15 you today, Doctor?

16 A. I couldn't tell you, no.

17 Q. When everybody asked you for copies of your
18 records, Doctor, are you aware that your office provided
19 that report to everybody?

20 A. Okay, I'm not aware of that.

21 Q. Did you edit things that were in your file
22 before bringing them to court today so that they are not
23 here?

24 A. No.

25 Q. Did you respond to the subpoena that the

Dr. Alongi - Cross - Jeffreys

1 County served upon your office to send your records here
2 to court?

3 A. I'm sure I did.

4 Q. And when did you do that, Doctor?

5 A. I don't know. My office takes care of that.

6 Q. Well, Doctor, when did you respond to the
7 subpoena that was served upon your office; do you know?

8 A. I don't know.

9 Q. And are you aware that it asked for all of
10 your records to be brought here today?

11 MR. ZLOTOW: Objection.

12 THE COURT: Overruled.

13 A. I don't know.

14 Q. You don't know one way or the other, that you
15 were personally subpoenaed to come here and bring your
16 records? You don't know that?

17 A. Again, my office took care of all of the
18 paperwork aspect of it. I assumed it was all taken care
19 of.

20 MR. JEFFREYS: Your Honor, can the
21 MRI report of the right shoulder of
22 11/12/08 be marked for I.D. as Defendant's
23 H?

24 THE COURT: Yes, it will.

25 THE COURT OFFICER: Defendant's H

Dr. Alongi - Cross - Jeffreys

1 marked for identification purposes only.

2 (Document handed to the witness)

3 Q. Thank you. Doctor, please take a look at the
4 report that's in front of you. Do not read it out loud,
5 but when you're done with it, please look up.

6 A. Okay.

7 Q. Now, Doctor, have you ever seen that report
8 prior to today?

9 A. I don't recall.

10 Q. Did you discuss the MRI that you ordered for
11 Mr. Cicola with him?

12 A. I assume I did.

13 Q. And when you discussed it with him, had you
14 reviewed the MRI report?

15 A. I don't remember.

16 Q. Did you have any reason --

17 A. Possibly.

18 Q. -- when you reviewed it with him to disagree
19 with the MRI report?

20 A. No.

21 Q. Sir, having looked at it, does it refresh your
22 recollection concerning that there was extensive calcific
23 tendonitis in the right arm?

24 A. It doesn't refresh my memory at all.

25 Q. If you flip the page, sir, to the second page,

Dr. Alongi - Cross - Jeffreys

1 does that refresh your recollection concerning that
2 Mr. Cicola had acromial clavicular joint disease?

3 A. It doesn't refresh my memory, no.

4 Q. Acromial clavicular joint, sir, that's the
5 shoulder; correct?

6 A. Correct.

7 Q. And at any point did you tell Mr. Cicola that
8 he had acromial clavicular joint disease?

9 A. There is nothing noted in my note that I did.

10 Q. Why not? Why didn't you tell him?

11 A. Because I didn't. I'm -- I'm a spine
12 specialist. I -- I ordered an MRI to make sure if it was
13 more his neck or his shoulder. There was a lot of things
14 going on in his shoulder, so he was referred back to
15 Dr. Silverberg to take care of all of the shoulder
16 issues, that's why.

17 Q. So, Doctor, if I understand it, your
18 particular level of specialty is in the spine. Are you
19 not equipped to testify about the shoulders?

20 A. I'm not equipped to interpret shoulder MRI's.

21 Q. So, Doctor, can you offer any opinion,
22 whatsoever, about the shoulders in this case?

23 A. There's just what I told you.

24 Q. I didn't hear the response.

25 A. Just as I told you prior, he had some

Dr. Alongi - Cross - Jeffreys

1 tendonitis in the shoulder.

2 Q. Other than that, you can't offer any opinion,
3 whatsoever, correct, because that's not your level of
4 specialty, that's not what you do?

5 A. I can differentiate if it's -- if I think it's
6 more shoulder or neck.

7 Q. And, sir, when you met with Mr. Cicola on
8 11/14/08, after he was sent for that MRI report, did you
9 discuss with him that MRI report?

10 A. I assume I did discuss it with him. I don't
11 remember.

12 Q. Did you tell Mr. Cicola that it was your
13 belief that the majority of his symptoms were arising
14 from his right shoulder?

15 A. Yes, at that time I did.

16 Q. And at some point did you change your thought
17 process there or was that a true statement and it remains
18 a true statement, that the majority of his symptoms were
19 coming from the right shoulder?

20 A. Yeah, at that visit I believe a lot of his
21 symptoms, majority of his symptoms were coming from his
22 right shoulder.

23 Q. And that's the right shoulder that had the
24 degenerative changes in it?

25 A. Yes.

Dr. Alongi - Cross - Jeffreys

1 Q. And it was your belief, sir, that Mr. Cicola
2 should explore that more with Dr. Silverberg; correct?

3 A. Correct.

4 Q. And you wanted to see him back in two to three
5 weeks --

6 A. Correct.

7 Q. -- after your November 4th of 2008 visit;
8 correct?

9 A. Correct.

10 Q. But Mr. Cicola didn't come back to you in two
11 to three weeks, did he?

12 A. No.

13 Q. Isn't it true, sir, that seven days after your
14 first visit, despite the fact that you wanted him to go
15 to Dr. Silverberg, the next time you saw him was in
16 Huntington Hospital; correct?

17 A. Correct.

18 Q. And at that point he was having surgery;
19 correct?

20 A. Correct.

21 Q. And that surgery took place on November 19th,
22 2008; correct?

23 A. Correct.

24 Q. And the day before you performed that surgery
25 on Mr. Cicola, did you have a conversation with him

Dr. Alongi - Cross - Jeffreys

1 concerning the risks and benefits associated with the
2 surgery?

3 A. I'm sure I did, yes.

4 Q. And did you chart that, sir?

5 A. I'm sure I did.

6 Q. Could you turn, please, to your chart note of
7 November 18th, 2008?

8 A. 2008.

9 Q. Just make sure you have the whole chart there;
10 okay?

11 A. Yes, I have my note.

12 Q. At the top of it, it says spine --

13 A. Addendum.

14 Q. -- addendum.

15 And is that page and the following page all in
16 your handwriting?

17 A. Yes.

18 Q. At the end of this second page of that note is
19 it signed Alongi?

20 A. Alongi, yes.

21 Q. That's your signature on the bottom?

22 A. Correct.

23 Q. And that's your handwriting; correct?

24 A. Correct.

25 Q. Now, sir, turning to the second page of your

Dr. Alongi - Cross - Jeffreys

1 note, third line down, it says, Mr. Cicola, and then
2 there is a little squiggle there. Is that an arrow up, a
3 squiggle? What is that before the word symptoms?

4 A. That's just a mistake.

5 Q. Okay. "Mr. Cicola's symptoms have now
6 persisted for some time greater than one year, despite
7 conservative treatment. Surgery was discussed. Surgery
8 would include ACDF, C4/5, PEEK device, P light." What's
9 the next word, please?

10 A. PEEK device, plate, bone graft, BMP.

11 Q. BMP?

12 A. BMP

13 Q. What is that?

14 A. Bone morphogenic protein.

15 Q. And that is what you were anticipating doing;
16 correct?

17 A. Correct.

18 Q. And at the point the plaintiff had said that
19 his pain had persisted for greater than one year;
20 correct?

21 A. Correct.

22 Q. And it was, your continued note, that was
23 stressed with the plaintiff that even with surgery, he
24 may still have right shoulder pain due to his underlying
25 shoulder pathology; correct?

Dr. Alongi - Cross - Jeffreys

1 A. Correct.

2 Q. And what was the underlying shoulder pathology
3 that would have been causing Mr. Cicola his pain?

4 A. The calcific tendonitis, the rotator cuff tear
5 and the bursitis.

6 Q. And that would be all degenerative problems in
7 that right shoulder; correct?

8 A. Correct.

9 Q. So when you wrote this note, you weren't even
10 sure that what you were going to do would help the pain
11 that he was having in his right shoulder; correct?

12 A. Incorrect.

13 Q. You thought what you were doing would help?

14 A. Correct.

15 Q. But you warned him that the underlying
16 shoulder pathology was in the background; correct?

17 A. Correct.

18 Q. And that could cause continued problems for
19 him; correct?

20 A. Correct.

21 Q. And that's why you wanted him to see
22 Dr. Silverberg instead of you, because that's not what
23 you do; correct?

24 A. According to my note, he saw Dr. Silverberg
25 the week prior, and who felt that his symptoms more

Dr. Alongi - Cross - Jeffreys

1 related to his neck than his shoulder, on the first page
2 of that consult.

3 Q. Right, Dr. Silverberg says it's his neck.
4 You're saying it's shoulder; fair?

5 A. No.

6 Q. So why did you want to go back to
7 Dr. Silverberg if it wasn't shoulder?

8 A. He did in-between my office visit and this,
9 according to this note, saw Dr. Silverberg, who felt it
10 wasn't his shoulder, it was his neck.

11 Q. Did you ultimately say, I was wrong, It's not
12 Dr. Silverberg's issue, this is my issue?

13 A. Well, that's why he had surgery.

14 Q. So ultimately you changed your thought process
15 about this from being a right shoulder problem, now it
16 became a cervical problem; is that fair?

17 A. Well, not necessarily. You know, a lot of
18 patients can have both. They can have a shoulder issue,
19 they can have a neck issue, they both overlap. You treat
20 one, they may still have some issues because of, you
21 know, the shoulder. Or if they treat the shoulder, they
22 may still have issues because of the neck, so it's not
23 cut and dry.

24 Q. Was that Mr. Cicola, that you said some
25 patients have problems with both?

Dr. Alongi - Cross - Jeffreys

1 A. Well, yes, he had pathology in the shoulder
2 and his neck, yes.

3 Q. Doctor, we've talked about your treatment of
4 the plaintiff from November 11th, 2008 up to the date of
5 your surgery on November 19th, 2008. We've reviewed your
6 office notes and you've taken a look at the hospital
7 record; fair enough? So far, that's what we've done?

8 A. Yes.

9 Q. Are there any additional office notes that you
10 have that we haven't reviewed yet up to your surgery?

11 A. Not that I'm aware of, no.

12 Q. Doctor, could you please point out to the jury
13 at this point where you made any notation in your office
14 notes concerning that this incident arose from a motor
15 vehicle accident? Just point that out to the jury. Just
16 tell them where that is.

17 A. I'm sorry, say that again.

18 Q. In your office notes, just point out to the
19 jury where you make any notation that this is from a
20 motor vehicle accident. Any notation, whatsoever?

21 A. I can't find one, no.

22 Q. Okay. Do you have anything in there that
23 there was a car, that there is a car, may not say motor
24 vehicle, maybe a car?

25 A. I don't believe so, no.

Dr. Alongi - Cross - Jeffreys

1 Q. Is it fair to say, Doctor, that you didn't
2 record that in your office notes anywhere, nothing about
3 a car accident?

4 A. In my office visits, no.

5 Q. Doctor, could you look at the entire hospital
6 report, please, Plaintiff's 11, the 2008 hospital report?

7 A. I have it. Okay.

8 Q. Doctor, I know you may not have had the
9 opportunity to review that whole thing today, but I'll
10 give you the opportunity now. Could you point out in
11 there to the jury anywhere in that hundred pages of
12 hospital notes and reports and your notes and everything
13 that's in there, anything, anything that shows that
14 Mr. Cicola was involved in a car accident? Just anything
15 whatsoever?

16 A. In this hospital visit, no.

17 Q. In the 2008 hospital record, just point to the
18 jury anywhere where there is even the word mentioned car,
19 motor vehicle or accident.

20 A. I don't believe it's mentioned.

21 Q. Doctor, is that a significant past medical
22 history that you might want to put in a record somewhere
23 if somebody told you about it?

24 A. Sure. Yes.

25 Q. And now, Doctor, in the hospital records, the

Dr. Alongi - Cross - Jeffreys

1 one that you just read to me, your 11/18/08 note, it
2 notes that Mr. Cicola's symptoms had persisted for some
3 time greater than a period of one year. Do you remember
4 reading that? We had that greater sign and the one year?

5 A. Yes.

6 Q. Now, are you aware, sir, that when you first
7 saw Mr. Cicola on November 11, 2008 and you had the
8 surgery eight days later, his car accident was two years
9 before you saw him? Are you aware of that?

10 A. No. At that time, no.

11 Q. Okay. If the injuries had been reported to
12 you as being from a car accident -- you put down the pain
13 had persisted for greater than a year. Wouldn't it just
14 have been easier if you were ever told that this pain
15 came from a car accident, a very specific date, a very
16 specific time, January 11th, 2007? Wouldn't that be
17 easier to write that?

18 A. It was easier not, but, yeah, it would be
19 helpful.

20 Q. Right, and it's nowhere there, is it?

21 A. No.

22 Q. There is nothing at any point in any of your
23 records up to the time of your first surgery that this
24 accident is in any way involved in Mr. Cicola's
25 condition; correct?

Dr. Alongi - Cross - Jeffreys

1 A. Correct.

2 Q. Now, when you did the surgery the day before,
3 was it your good medical practice to make certain you had
4 some diagnostic films before you did your surgery;
5 correct?

6 A. Correct.

7 Q. Because you want to see exactly what's going
8 on in that back -- in the neck before you cut him;
9 correct?

10 A. Correct.

11 Q. And you did that; right?

12 A. Which surgery are you talking about?

13 Q. The 2008 surgery. We're going to focus on
14 2008 for a while. We're going to go chronological again.

15 A. Yes.

16 Q. And at that point, did you take a look at the
17 films that were done associated with your preoperative
18 care?

19 A. Yes.

20 Q. And did you review the MRI of the cervical
21 spine on November 18th, 2008?

22 A. Yes.

23 Q. And did you also review the report of that
24 prepared by your colleagues at Huntington Hospital?

25 A. I may have.

Dr. Alongi - Cross - Jeffreys

1 Q. And that report is part of the Huntington
2 Hospital record; correct?

3 A. Correct.

4 Q. And, sir, does that report say, quote, "Small
5 central disk herniation at C4/C5 which minimally indents
6 the ventral subarachnoid space"?

7 A. Yes.

8 Q. Does it also say, quote, "Smallest left
9 paracentral disk herniation at C5/6 which does not exert
10 significant mass effect upon the cervical cord"?

11 A. Yes, it does.

12 Q. And does it also say that the remainder of the
13 disk levels are unremarkable?

14 A. Yes.

15 Q. And when it's unremarkable, does that mean
16 that there is no pathology there to report, there is
17 nothing going on at the other levels?

18 A. Yes.

19 Q. So as far as the 11/18/2008 MRI of Huntington
20 Hospital, Mr. Cicola had two problems; one at C4/5 and
21 one at C5/C6; fair?

22 A. Correct.

23 Q. Fair enough?

24 A. Correct.

25 Q. And you were going to operate on the first

Dr. Alongi - Cross - Jeffreys

1 one; correct?

2 A. Correct.

3 Q. When you did your surgery on Mr. Cicola on
4 November 19th, 2008, you used a piece of equipment that's
5 called a Kerrison rongeur; correct?

6 A. Rongeur, correct.

7 Q. Could you tell the jury what a -- you
8 pronounce it rongeur, I pronounce it rongeur. I'm sorry,
9 I don't speak French; okay?

10 Could you tell the jury what a Kerrison
11 rongeur is?

12 A. A rongeur is an instrument to remove bone or
13 disk material.

14 Q. And did you use that Kerrison rongeur in your
15 surgery to remove some osteophytes that had developed on
16 Mr. Cicola's spine?

17 A. I mean, I use it to remove disk and portions
18 of the anterior portion of the vertebral body.

19 Q. But do you remember specifically removing
20 osteophytes that had developed with the Kerrison rongeur?

21 A. Let me read the report.

22 Q. Do you have your surgical report in front of
23 you, Doctor?

24 A. Yes, I'm looking.

25 Q. Go down to the bottom of that report where

Dr. Alongi - Cross - Jeffreys

1 you're using the Kerrison rongeur. Do you see that
2 there?

3 A. No. Page 2, correct.

4 Q. I'm just looking at the page. Second to last
5 paragraph on page 2. Do you see that there? "A Kerrison
6 rongeur was used to remove any anterior osteophytes."

7 A. Correct.

8 Q. Do you see that?

9 A. Yes.

10 Q. Were there anterior osteophytes on the C4 or
11 C5 vertebrae that you had to remove?

12 A. I assume so, yes.

13 Q. And that's why you would use a Kerrison
14 rongeur; correct?

15 A. Correct.

16 Q. And an osteophyte, you told us earlier, was a
17 degenerative condition; correct?

18 A. Correct.

19 Q. So at that point you were taking this Kerrison
20 rongeur and removing some degenerative problems that were
21 at the C4/C5 vertebrae; correct?

22 A. Some excessive bone, correct.

23 Q. And that was the vertebrae that you were
24 operating on as the first operation that you did;
25 correct?

Dr. Alongi - Cross - Jeffreys

1 A. Correct.

2 Q. So is it fair to say, sir, when you did the
3 surgery at that point, on November 19th, 2008, you knew
4 that there was some sort of degenerative process going on
5 at C4/5 or you wouldn't have used a Kerrison rongeur to
6 take off osteophytes?

7 A. Well, I mentioned initially on the initial
8 x-ray there was some minimal degenerative changes.

9 Q. And you ultimately had to use a device to take
10 those degenerative changes off?

11 A. Well, we use that on every surgery, whether
12 there is osteophytes or not.

13 Q. But in this case, I know you want to say that
14 you used it for everything, but you specifically said you
15 used it to remove anterior osteophytes; correct?

16 A. I did.

17 Q. And that's because Mr. Cicola had anterior
18 osteophytes at the C4/C5 level; correct?

19 A. Correct.

20 Q. And that is a degenerative change at C4/C5;
21 correct?

22 A. Correct.

23 Q. Doctor, you're aware that you were not his
24 first orthopedist or orthopedic surgeon; correct?

25 A. Correct.

Dr. Alongi - Cross - Jeffreys

1 Q. And you're aware that the plaintiff saw a
2 doctor named Dr. Sinha on January 15th, 2007, four days
3 after this accident; correct?

4 A. I know of it a little bit, correct.

5 Q. Doctor, are you aware that four days after
6 this accident the plaintiff had already been diagnosed
7 with that osteophyte formation at C4/5?

8 MR. ZLOTOW: Objection.

9 THE COURT: Give me the question
10 back.

11 (Whereupon, the requested portion of
12 the record was read back.)

13 THE COURT: Sustained. You may
14 rephrase the question.

15 Q. Doctor, when did you first become aware that
16 Mr. Cicola had osteophyte formation at C4/C5?

17 A. I don't recall.

18 Q. Did you ask Dr. Sinha whether he had found any
19 degenerative osteophyte formation at C4/C5 when he
20 treated the plaintiff?

21 A. No, I did not.

22 Q. Did you look at any of the diagnostic films
23 that were taken when the plaintiff was under the care of
24 Dr. Sinha so you could focus in to see how long those
25 osteophytes were there?

Dr. Alongi - Cross - Jeffreys

1 A. No, I didn't.

2 Q. Did you also ask Dr. Sinha at any point if the
3 plaintiff had degenerative disk disease at C5/C6?

4 A. No, I did not.

5 Q. Did you review any of the films that Dr. Sinha
6 had taken to see if this gentleman had degenerative disk
7 disease from four days after the accident or was it
8 caused at some other time? Did you ever look?

9 A. No.

10 MR. ZLOTOW: Other than the ones
11 he saw today?

12 Q. Now, after the initial surgery, you discharge
13 Mr. Cicola from the hospital; correct?

14 A. Correct.

15 Q. One day post surgery, that's -- I think that's
16 the practice, one day post surgery?

17 A. Correct.

18 Q. Fair to say that he was in the hospital from
19 11/14 to 11/20 or was it a different time period?

20 A. Admit date was 11/18 to 11/20, I believe.

21 Q. And your surgery was right in the middle at
22 11/19; correct?

23 A. Correct.

24 Q. And you arranged a follow-up visit with him on
25 November (sic) 4th; correct?

Dr. Alongi - Cross - Jeffreys

1 A. Correct.

2 Q. And in that follow-up visit, was Mr. Cicola
3 making some complaints of pain?

4 A. What was the date?

5 Q. 12/04.

6 THE COURT: Year?

7 MR. JEFFREYS: 2008.

8 A. He's complaining of some neck discomfort.

9 Q. Other than that neck discomfort, was he making
10 any complaints of pain?

11 A. That's all I have listed.

12 Q. If he was making more complaints than just in
13 this neck discomfort, you would have listed that;
14 correct?

15 A. Correct.

16 Q. And after seeing him on November -- December
17 4th, 2008, did you conclude that overall he was doing
18 well?

19 A. Yes.

20 Q. And you wanted to follow up with him in three
21 to four weeks; correct?

22 A. Correct.

23 Q. But Mr. Cicola didn't come back to you in
24 three to four weeks, did he?

25 A. No.

Dr. Alongi - Cross - Jeffreys

1 Q. Is it fair to say that Mr. Cicola next came
2 back to you 11 weeks later?

3 A. On February 26th, 2009.

4 Q. So your visit when you told him to come back
5 in three to four weeks was December 4th and he comes back
6 to you at the end of February; correct?

7 A. Correct.

8 Q. Did he tell you why he waited 11 weeks when
9 you wanted to come back -- when you wanted him to come
10 back in three or four?

11 A. No, he didn't.

12 Q. And at the point when he came back to you on
13 02/26/09, did you find any pain referable to his neck?

14 A. He had no pain referral to his neck;

15 Q. That's right at the top of your report, second
16 line; correct?

17 A. Correct.

18 Q. He had no pain referable to his neck; correct?

19 A. Correct.

20 Q. And during this visit Mr. Cicola had a good
21 range of motion in his cervical spine; correct?

22 A. Correct.

23 Q. And he had good strength in his extremities;
24 correct?

25 A. Correct.

Dr. Alongi - Cross - Jeffreys

1 Q. And at this appointment, at that point, did
2 Mr. Cicola advise you that he was planning on undergoing
3 a shoulder arthroscopy in two weeks with Dr. Silverberg?

4 A. That's what is listed, yes.

5 Q. And did he tell you why he wanted to have the
6 shoulder arthroscopy with Dr. Silverberg?

7 A. Because he was having shoulder discomfort.

8 Q. And was that one of those things that you had
9 written in your initial note in the hospital, 11/18/08,
10 that your surgery may not heal or make these shoulder
11 pains that he had better?

12 A. Correct.

13 Q. So what you had foreseen in your note, your
14 handwritten hospital note, had come true; his shoulder
15 pain persisted, despite your surgery?

16 A. Correct.

17 Q. Now, at some point Mr. Cicola comes back to
18 you again three months later, correct, on May 26th, 2009?

19 A. Yes.

20 Q. And at that time Mr. Cicola was complaining to
21 you about neck pain; correct?

22 A. Correct.

23 Q. And you took multiple x-rays of his spine, his
24 neck; correct?

25 A. Correct.

Dr. Alongi - Cross - Jeffreys

1 Q. And you had an AP view, the lateral view and
2 the flexion extension view; correct?

3 A. Correct.

4 Q. Could you please tell the jury what each of
5 those views are?

6 A. AP view, like we looked at before with the
7 plate on it, is a frontal view. Lateral is looking at
8 the side, and then flexion extension is a lateral x-ray
9 with the patient bending forward, that's flexion, and
10 extension. That's backwards.

11 Q. So he had him move his neck forward, move his
12 neck back, that was the plan; correct?

13 A. Yes.

14 Q. And you reviewed those x-ray films; correct?

15 A. Correct.

16 Q. And you discussed those x-ray films with
17 Mr. Cicola; correct?

18 A. Correct. I believe so.

19 Q. And when you discussed those x-ray films with
20 Mr. Cicola, did you advise him that he had degenerative
21 disk disease at C5/6?

22 A. I don't remember.

23 Q. Looking at your 05/26/09 office note, the
24 third paragraph down, where it says x-rays in the
25 beginning of it. Do you see that there?

Dr. Alongi - Cross - Jeffreys

1 A. Yes.

2 Q. And it says, quote, "X-Rays AP and lateral and
3 flexion extension views of the cervical spine shows a
4 fused segment C4/5 with degenerative disk disease at
5 C5/6"; correct?

6 A. Yes. Correct.

7 Q. So at that point you were sure that he had
8 degenerative disk disease at C5/6; correct?

9 A. I was interpreting the x-rays then, yes.

10 Q. Yes. At that point it was your medical
11 opinion that he had degenerative disease at C5/6;
12 correct?

13 A. Correct.

14 Q. And then you referred him for an MRI?

15 A. Correct.

16 Q. On June 6th, 2009; correct?

17 A. Correct.

18 Q. Before I just talk about the MRI, just one
19 additional point about disks and disk material. You
20 spoke a little bit about it on direct exam, but are disks
21 composed of some fibers as part of the exterior of disk
22 material?

23 A. Yes.

24 Q. Are they called anular fibers?

25 A. Yes.

Dr. Alongi - Cross - Jeffreys

1 Q. And the anular fibers, can you tell the jury
2 how they wrap around the disk to hold the disk material
3 in?

4 A. Just like a ring that contains the inner
5 portion of the disk.

6 Q. When you say ring, the anular fibers wrap
7 around; correct?

8 A. Yes, like a ring, like a circle around the
9 disk.

10 Q. And the disk is like a washer between the
11 bones to make sure they don't hit on each other?

12 A. Like a cushion.

13 Q. And those fibers, you used the analogy of a
14 tire during your direct exam. Are those fibers, those
15 anular fibers, like what we see in a steel-belted radial
16 tire?

17 A. Yeah, they're fibers, they're strong and keep
18 the disk in place.

19 Q. I didn't hear. I'm sorry.

20 A. They are strong and they keep the inner disk
21 in place, the nucleus.

22 Q. And over time as we age, do those fibers dry
23 out and fray?

24 A. Yes.

25 Q. And that would be a normal thing that happens

Dr. Alongi - Cross - Jeffreys

1 over time to all of us?

2 A. Yes.

3 Q. And that fraying would start when we're just
4 outside of our teens?

5 A. Yes.

6 Q. And it would continue on for the rest of our
7 lives; correct?

8 A. Correct.

9 Q. And that would be anular tears or anular
10 fraying, would that be what that is?

11 A. Not so much anular tear, but it's more disk
12 desiccation.

13 Q. And disk desiccation, that's a degenerative
14 condition that happens over time; correct?

15 A. Yes.

16 Q. Now, when you did that, when you took that MRI
17 of the plaintiff or had him go for the MRI on June 6th,
18 2009, you then had a follow-up appointment with him;
19 correct?

20 A. Correct.

21 Q. I believe that follow-up was August 21st of
22 2009?

23 A. Yes.

24 Q. And you reviewed that MRI in detail with the
25 patient; correct?

Dr. Alongi - Cross - Jeffreys

1 A. Correct.

2 Q. And when you say you reviewed it in detail
3 with the patient, did you tell him everything that was in
4 that MRI?

5 A. I reviewed it in detail. I reviewed it in
6 detail.

7 Q. Did you tell him that at C2/3 there is disk
8 desiccation in his spine?

9 A. I don't recall. All I recall is what's noted
10 in my report.

11 Q. Okay. Did you tell him that at C3/4 there is
12 a very tiny central disk protrusion?

13 A. It's not noted in my report, no.

14 Q. Did you tell him at C5/6 there was disk
15 desiccation and a bulge with more focal proximal left
16 foraminal disk herniation?

17 A. No, I did not tell him that.

18 Q. And did you tell him at C6-C7 there was a
19 central anular tear?

20 A. No, it's not listed in my note.

21 Q. Well, sir, before you spoke to Mr. Cicola
22 concerning his June 6th, 2009 cervical MRI, did you look
23 at the report that was sent to your attention from
24 Zwanger-Persiri Radiology?

25 A. I review the films myself. I don't rely on

Dr. Alongi - Cross - Jeffreys

1 the radiology report.

2 Q. I asked, did you look at the report?

3 THE COURT: Excuse me, let him
4 finish his answer.

5 A. I typically do not look at the reports, unless
6 there is a question I have. I read -- I review the films
7 myself. I interpret them myself, how clinically it
8 correlates to the patient's symptoms.

9 Q. Can we agree, sir, that reasonable medical
10 professions in your particular field could differ
11 concerning what is shown in an MRI film?

12 A. Yes.

13 Q. Is it important for you to understand if your
14 colleagues have a significant disagreement with your
15 conclusions, is that something important that you want to
16 know?

17 A. If it's significant, yes.

18 Q. Because at some point, just like with Dr.
19 Silberberg, you can change your position based on what
20 your colleagues tell you; correct?

21 A. Correct.

22 Q. So at no point -- withdrawn.

23 At any point did you look at the
24 Zwanger-Pesiri Radiology report from the cervical MRI on
25 June 6th, 2009 to see what those particular folks were

Dr. Alongi - Cross - Jeffreys

1 saying concerning this cervical MRI?

2 A. I may have looked at the report, but I'm just
3 more concerned on my interpretation.

4 Q. When you may have looked at the report, do you
5 remember there being degenerative notations from C2 to C7
6 in your patient's spine?

7 A. When I looked at the report?

8 Q. When you looked at the report.

9 A. I don't remember looking at the report.

10 Q. And I guess you don't have that with you
11 today, do you?

12 A. No.

13 MR. JEFFREYS: Can this be marked
14 for I.D. as Defendant's Exhibit I, please?

15 THE COURT: Yes, it will.

16 THE COURT OFFICER: Defendant's I
17 marked for identification purposes only,
18 being shown to the witness.

19 (Document handed to the witness)

20 Q. Doctor, would you kindly take a look at
21 Defendant's Exhibit I and look up when you're done so I
22 know you've had the opportunity to review it?

23 (Document handed to the witness)

24 A. Yes.

25 Q. Does that refresh your recollection concerning

Dr. Alongi - Cross - Jeffreys

1 any differences of opinions that may have been presented
2 to you concerning the degenerative conditions and the
3 extent of it that existed in the plaintiff's cervical
4 spine?

5 A. No.

6 Q. It doesn't refresh your recollection?

7 A. No.

8 Q. Do you remember seeing that report at any time
9 prior to today, when I'm showing it to you?

10 A. No, I don't recall seeing this.

11 Q. Did you speak with the examining radiologist
12 at Zwanger-Pesiri MRI who completed that MRI report?

13 A. No.

14 Q. Why not?

15 A. Because I'm concerned about my interpretation,
16 not his.

17 Q. But you told me earlier that if a doctor
18 disagrees with you, you could change your opinion;
19 correct?

20 A. Correct.

21 Q. And were you aware when you rendered your
22 opinion to Mr. Cicola on August 21st, 2009 that there was
23 another physician that disagreed with you?

24 A. But it's not another spine surgeon.

25 Q. Now -- is it just limited to spine surgeons?

Dr. Alongi - Cross - Jeffreys

1 A. Correct.

2 Q. So if a spine surgeon disagrees with you, then
3 you'll change your position, but if a qualified
4 radiologist disagrees with you, you don't change your
5 position?

6 A. Well, when it comes to surgery, yes, a spine
7 surgeon.

8 Q. Well, did the spine -- the radiologist who did
9 these films on May 6th, 2009, did they make any
10 recommendations because of the spine surgery?

11 A. No.

12 Q. Is that why you sent Mr. Cicola to have an
13 MRI, to get a consultation on whether he should have
14 spine surgery?

15 A. No.

16 Q. No, you wanted the films, right, you wanted to
17 see films?

18 A. I wanted to see films, correct.

19 Q. And you wanted a radiologist's expert opinion
20 concerning those films; correct?

21 A. Like I said, I review the -- interpret the
22 films myself. I don't rely -- the majority of the times
23 I do not rely on a radiology report to what I need to do
24 clinically or surgically.

25 Q. You just said a majority of times you don't

Dr. Alongi - Cross - Jeffreys

1 rely on it. Are there times when you do?

2 A. Occasionally, yes.

3 Q. And what draws the distinction between you
4 relying on it sometimes and for Mr. Cicola's June 6th,
5 2009 MRI report you're not relying on that at all?

6 A. When there's conditions that I'm not familiar
7 with, they are not -- intradural tumors, lesions of that
8 nature, which I don't see frequently, but not degen --
9 not disk herniations, not nerve root impingement. I
10 typically review the films myself and make a clinical
11 judgment what needs to be done.

12 Q. At the beginning of that sentence you were
13 going to use the word degenerative conditions. Is that
14 something that you handle yourself?

15 A. I handle it myself as well.

16 Q. So for this particular case, the May -- the
17 June 6th, 2009 MRI, can we agree that you just didn't
18 consider the results from Zwanger-Pesiri Radiology?

19 A. I cannot say I did or didn't. I don't
20 remember seeing the report and I obviously differ from
21 what the report says.

22 Q. Okay. Now, it's my understanding, sir, that
23 your next time that you saw Mr. Cicola was for the second
24 surgery; correct?

25 A. Let's see. Yes.

Dr. Alongi - Cross - Jeffreys

1 Q. And when did you see him next? Was it when he
2 was first admitted to the hospital on October 14th, 2009?

3 A. Yes.

4 Q. And when you saw him, did you have that same
5 sort of discussion with him that you had from his first
6 surgery concerning the risks and benefits associated with
7 proceeding with surgeries?

8 A. I'm sure I did, yes.

9 Q. And that's also charted in the chart; correct?

10 A. It should be, yes.

11 Q. Because that's what your job is, that's a
12 significant discussion you would have had with the
13 patient; correct?

14 A. Correct.

15 Q. And that admission for that second surgery,
16 that was October 14th, 2009, with a discharge on October
17 17th, 2009; correct?

18 A. Correct.

19 Q. And you did the second surgery on October
20 16th, 2009, correct, one day before the discharge?

21 A. Correct.

22 Q. And before this surgery, just like before the
23 first surgery, you ordered some diagnostic films to be
24 done; correct?

25 A. Correct.

Dr. Alongi - Cross - Jeffreys

1 Q. But on this one you ordered a chest x-ray.

2 Why did you order a chest x-ray?

3 A. That's pretty typical, any patient having
4 surgery has a chest x-ray.

5 Q. Okay. Did you see, when you were looking at
6 the 2008 records, a chest x-ray before surgery?

7 A. I don't recall.

8 Q. At the point when you ordered the chest x-ray
9 for Mr. Cicola on October 14 of 2009, were you aware at
10 that point that he had previously suffered from two
11 collapsed lungs?

12 A. I don't remember. I may know that now and
13 Dr. Anwar saw him for the first surgery because of the
14 history of pneumothorax, but do I remember at that time?
15 I don't remember.

16 Q. But you also, in addition to the chest x-ray,
17 ordered a cervical CT scan; correct?

18 A. Correct.

19 Q. And that was also done on October 14th, 2009;
20 correct?

21 A. Correct.

22 Q. And that CT scan, if you can take a look at
23 the hospital record, please, because the report is in the
24 hospital record.

25 A. Is it tagged?

Dr. Alongi - Cross - Jeffreys

1 Q. No, those are not tagged, sir. The CT scans
2 are not tagged, but they are generally located in the
3 back.

4 A. Yes, I see it.

5 Q. And do you see as far as C3/C4, the diagnosis
6 is uncovertebral joint hypertrophy? Do you see that?

7 A. I see it, yes.

8 Q. And could you tell the jury what uncovertebral
9 joint hypertrophy is?

10 A. Hypertrophy is it's enlarged, so it's a joint
11 between vertebral bodies that's enlarged, you know, due
12 to wear and tear. They can become enlarged. They can
13 cause nerve root compression.

14 Q. And that wear and tear that you're telling us
15 about, that was at the level above where your surgery
16 was, the first surgery was; correct?

17 A. At C3/4, yes.

18 Q. And that, since it's due to wear and tear, is
19 that a degenerative condition?

20 A. Yes, it could be.

21 Q. For Mr. Cicola, you say it could be. For Mr.
22 Cicola was it a degenerative condition?

23 A. It looks like it is.

24 Q. And the CT scan showed asymmetric disk and
25 osteophyte complex at C5/6; correct?

Dr. Alongi - Cross - Jeffreys

1 A. Correct.

2 Q. And that's a degenerative change also;
3 correct?

4 A. Correct.

5 Q. And the CT scan also said degenerative
6 spondylosis and spinal stenosis at C5/6; correct?

7 A. Correct.

8 Q. And that's also a degenerative change;
9 correct?

10 A. Correct.

11 Q. And you also ordered an MRI of Mr. Cicola's
12 cervical spine on October 14th, 2009; correct?

13 A. Correct.

14 Q. And you told us earlier that a CT scan is
15 primarily concerned with bone because it's in the family
16 of an x-ray, while an MRI scan is primarily concerned
17 with soft tissue because that's what it's concerned with;
18 correct?

19 A. Correct.

20 Q. And the report of the MR scan that was done on
21 October 14th, 2009 is also in the Huntington Hospital
22 record; correct?

23 A. Correct.

24 Q. And in that particular report it says they
25 compared it to the MR scan that was done on November

Dr. Alongi - Cross - Jeffreys

1 18th, 2008 at Huntington Hospital; correct?

2 A. Correct.

3 Q. And it shows at C2/C3 there was no significant
4 change; correct?

5 A. Yes, correct.

6 Q. So at that point the diagnosis was
7 uncovertebral joint hypertrophy, so that's a degenerative
8 condition; correct?

9 A. Correct.

10 Q. And since there was no change from the first
11 set of MRI's, we can say that it existed at least when
12 you did the first surgery; correct?

13 A. Correct.

14 Q. So he had a degenerative change at the level
15 above where you did the surgery in November of 2008;
16 correct?

17 A. Correct.

18 Q. Now, at C3/4 there is an increase in the
19 uncovertebral joint hypertrophy; correct?

20 A. Correct.

21 Q. So that means that at C3/4 the degenerative
22 change is getting worse from the initial MRI study in
23 November of 2008; correct?

24 A. Correct.

25 Q. And he has a new broad based disk osteophyte

Dr. Alongi - Cross - Jeffreys

1 complex, correct, at C5/6?

2 A. Correct.

3 Q. But ultimately, sir, didn't that MRI from
4 Huntington Hospital conclude that he had degenerative
5 spondylosis of the cervical spine?

6 A. Yes. And a herniated disk.

7 Q. And degenerative spondylosis, that's exactly
8 what it says, it's a degenerative condition; correct?

9 A. Correct.

10 Q. You did the surgery, correct, on October 16th,
11 2009?

12 A. Correct.

13 Q. And when the surgery was done, you sent a
14 piece of the disk material to the lab for analysis;
15 correct?

16 A. Correct.

17 Q. And they found that to be -- have degenerative
18 changes; correct? I can -- we looked at that
19 fibrocartilage.

20 A. I think it usually does, correct.

21 Q. So is it fair to say that each of the disks
22 that you did the second surgery on, that was
23 degenerative, because that's what the lab had found?

24 A. Pathology report, yes, showed as degenerative.

25 Q. So, Doctor, what you've told me so far is Mr.

Dr. Alongi - Cross - Jeffreys

1 Cicola had degenerative changes at C3/C4, C4/C5, C5/C6;
2 fair?

3 A. According to the MR report and the CAT scan
4 report, yes.

5 Q. And do you have any reason to disagree with
6 those reports as you're sitting here today?

7 A. No.

8 Q. In other words, those are the reports that are
9 in the Huntington Hospital record, the records that you
10 asked for and the records that you were responsible for
11 administering as Mr. Cicola's surgeon; correct?

12 A. Correct.

13 Q. Now, we've gone through all of your records;
14 correct? You don't have any other office notes before
15 the second surgery, do you?

16 A. No.

17 Q. I think we've gone through them all at this
18 point.

19 A. Yes. Yes.

20 Q. So we've gone through all of your records
21 concerning this plaintiff from November 11th, 2008, which
22 is the date that you first saw him, we've gone through
23 two cervical surgeries and now we're all the way up to
24 October 16th, 2009 in your treatment of the plaintiff.

25 Now, so -- we've got a year of treatment that

Dr. Alongi - Cross - Jeffreys

1 we're going through at this point, that we've already
2 spoken about. Could you now point to the jury where in
3 your notes or in the hospital record for that entire
4 period of time is there any notation that the plaintiff
5 was in a car accident?

6 A. What date?

7 Q. Anywhere in your notes of the hospital or the
8 hospital records from between 11/11/08, all the way
9 through the date of your second surgery, 10/16/09, just
10 point out to the jury where you have in your notes or in
11 the hospital record anything to say that the plaintiff
12 had a car accident.

13 A. Yeah, there is nothing noted.

14 THE COURT: Ladies and gentlemen of
15 the jury, we're going to take 10. Stretch
16 your legs.

17 And when I say 10, I really mean 10
18 and we'll continue.

19 Again, don't discuss the case among
20 yourselves or with anybody else until you
21 get the case and you've heard from both
22 sides, both sides put in their case, they
23 put in their summations and you get the law
24 from me. Okay, thank you.

25 (Jury leaving the courtroom)

Dr. Alongi - Cross - Jeffreys

1 THE COURT: You may step down,
2 Doctor.

3 (Whereupon, a short recess was
4 taken.)

5 THE COURT OFFICER: Jury entering.
6 (Jury entering the courtroom)

7 THE COURT: Please be seated,
8 everybody.

9 All right, continue.

10 MR. JEFFREYS: Thank you, your
11 Honor.

12 Q. Doctor, after you did the second surgery on
13 the plaintiff and you continued to see Mr. Cicola on a
14 somewhat frequent basis; correct?

15 A. Correct.

16 Q. And without going into a great deal of detail,
17 you saw him on November 2nd, 2009, November 24th, 2009,
18 July 5th, 2010 and August 3rd, 2010; correct?

19 A. Correct.

20 Q. And on any of those records, Doctor, the
21 office notes from 11/02/09, 11/24/09, 7/5/10 or 8/03/10,
22 do you make any notation in any of those office notes
23 that Mr. Cicola had been involved in a car accident?

24 A. No.

25 Q. Doctor, is it fair to say that the first time

Dr. Alongi - Cross - Jeffreys

1 you make any note in any of your records that the
2 plaintiff was involved in a motor vehicle accident was a
3 report that you wrote to Mr. Cicola's plaintiff's
4 attorney?

5 A. Correct.

6 Q. And that was September 16th, 2010; correct?

7 A. Correct.

8 Q. So between 1/11/07 and three-and-a-half years
9 later on 9/16/2010 you had not made any conclusion about
10 this being from an auto accident; correct?

11 A. Correct.

12 Q. Doctor, how did you know to send a report to
13 the plaintiff's attorney?

14 A. It was requested.

15 Q. By who?

16 A. By the attorney.

17 Q. And at that time did you know Mr. Cicola's
18 attorney's name and address?

19 A. I don't remember, no.

20 Q. Do you know how you came to know the address,
21 since it's in your records?

22 A. They sent us a note, a letter, I assume.

23 Q. Do you have that letter with you today?

24 A. No.

25 Q. Why not?

Dr. Alongi - Cross - Jeffreys

1 A. Because I don't have it on me. It should be
2 part of the office notes, the court notes, I would
3 assume.

4 Q. That's assuming that subpoenaed records made
5 it here; correct?

6 A. Correct.

7 Q. That note that you got from the attorney, do
8 you remember what it asked for?

9 A. No.

10 MR. ZLOTOW: Objection.

11 THE COURT: Overruled.

12 Q. By the way, Doctor, when you wrote that report
13 three-and-a-half years after this accident, you were paid
14 for that; right?

15 A. Correct.

16 Q. And how much were you paid to write that
17 report?

18 A. I don't recall. It's somewhere around \$1,000.

19 Q. A thousand dollars for one report?

20 A. Yes.

21 Q. And in that report did the plaintiff's counsel
22 or anybody ask you to do a physical exam of the plaintiff
23 or to summarize what you had done previously?

24 A. I don't remember. I don't have the copy of
25 the report in front of me.

Dr. Alongi - Cross - Jeffreys

1 Q. Well, after you continued -- after you wrote
2 that report to the attorney, did you continue to see
3 Mr. Cicola?

4 A. Yes.

5 Q. And Mr. Cicola would come to your office and
6 you'd write the same history notes as you always wrote;
7 correct?

8 A. Correct.

9 Q. And in any of those history notes, after you
10 wrote the letter to plaintiff's attorney talking about a
11 car accident, did you put anywhere in your history notes
12 that Mr. Cicola had a car accident?

13 A. No, I don't believe so.

14 Q. Well, on 3/24/11 -- we're going to jump right
15 to that so I can get done with this quickly. You saw
16 Mr. Cicola in your office; correct?

17 A. Correct.

18 Q. And you prescribed some medication for
19 Mr. Cicola; correct?

20 A. Correct.

21 Q. You prescribed something called Lodine;
22 correct?

23 A. Yes.

24 Q. Are you aware, Doctor, that the only permitted
25 use of Lodine by the National Institute of Health and the

Dr. Alongi - Cross - Jeffreys

1 Food and Drug Administration is for osteoarthritis and
2 rheumatoid arthritis?

3 A. I use it as an antiinflammatory, like Advil or
4 Motrin.

5 Q. But are you aware that's not a use that's
6 permitted by the label?

7 A. It's a use that I use it for.

8 Q. I know it's a use that you use it for, Doctor,
9 in your practice, but you're aware that all drugs come
10 with label restrictions; correct?

11 A. Correct.

12 Q. And all drugs tell you what they are supposed
13 to be used for; correct?

14 A. Correct. And there is also off-label use as
15 well.

16 Q. And so you decided that this drug that is only
17 available for use in osteoarthritis and rheumatoid
18 arthritis should be given to Mr. Cicola in the place of
19 Aleve?

20 A. It's an antiinflammatory that I've been using
21 since my residency, works like any other
22 antiinflammatory, to reduce inflammation. So it works
23 pretty well and I do use it.

24 Q. Did you believe that Mr. Cicola had
25 osteoarthritis?

Dr. Alongi - Cross - Jeffreys

1 A. No, I believe he had inflammation.

2 Q. But at any point, did you ever come to the
3 belief that Mr. Cicola had osteoarthritis?

4 A. It never really crossed my mind. It's
5 really -- the point of the loading was for -- it's an
6 antiinflammatory, it's to reduce inflammation, for
7 multiple causes.

8 Q. Doctor, you say it never crossed your mind but
9 your first note when you first saw Mr. Cicola on November
10 11th, 2008, you have past family medical history as
11 significant for arthritis; correct?

12 A. Correct.

13 Q. So why wouldn't arthritis or osteoarthritis
14 never cross your mind considering Mr. Cicola had a past
15 medical history of arthritis that was significant enough
16 for you to chart it?

17 A. Because everybody from the age of 20 older has
18 some degree of osteoarthritis, so that's not a diagnosis
19 I can use to treat the patient effectively for what I
20 need to do to kind of pinpoint the level that I need to
21 address surgically or nonsurgically.

22 Q. When you say everyone over the age of 20 has
23 osteoarthritis, that would include Mr. Cicola?

24 A. Yes.

25 Q. And where did you find his osteoarthritis,

Dr. Alongi - Cross - Jeffreys

1 what parts of his body?

2 A. Well, according to the records, in his neck
3 and his shoulders.

4 Q. So it would be the entire neck from C2 to C7?

5 A. No, I disagree with that. Only place I found
6 it minimally was at C4/5, initially.

7 Q. You say initially. Did you subsequently find
8 it elsewhere?

9 A. I did not find it. You pointed out in the CAT
10 scan, which again, you can do a CAT scan on a 100 people
11 his age, 85 percent are going to have those findings of
12 uncovertebral hypertrophy, foraminal narrowing. That's
13 just a common finding. I'm looking for what's clinically
14 significant for each patient.

15 Q. So the 85 percent of the people that would
16 have these degenerative changes, Mr. Cicola happened to
17 fall into that group of 85 percent; right?

18 A. Yes.

19 Q. And on May 24th, 2011 you prescribed Mr.
20 Cicola with Lyrica; correct?

21 A. Correct.

22 Q. Doctor, can you tell the jury what
23 fibromyalgia is?

24 A. I'm not a rheumatologist, so no, I can't give
25 a good definition of it.

Dr. Alongi - Cross - Jeffreys

1 Q. That's a systemic disease?

2 A. There is no way to diagnosis it, other than
3 exclusion, meaning you try -- try to figure out why a
4 person has pain, you can't find a diagnosis, they become
5 fibromyalgia. It's a diagnosis of exclusion. There's no
6 test for. It's a very difficult diagnosis. I very
7 rarely diagnose a patient with fibromyalgia because of
8 that.

9 Q. What are the symptoms of fibromyalgia?

10 A. I'm not a rheumatologist, I can't really give
11 you a good...

12 Q. You don't know the symptoms?

13 A. They are vague; chronic diffuse pain,
14 multiple -- multiple presentations.

15 Q. Where is that chronic diffuse pain located?

16 A. Anywhere.

17 Q. Are you aware the only permitted use of Lyrica
18 is actually for the treatment of fibromyalgia pain?

19 A. It also has off-label use for any type of
20 neuritis, inflammatory issues, chronic RSD, things like
21 that.

22 Q. You said earlier in your direct exam when the
23 plaintiff's counsel was questioning you that Mr. Cicola
24 had nerve pain throughout his whole body and that's why
25 you prescribed him with Lyrica; correct?

Dr. Alongi - Cross - Jeffreys

1 A. No, I didn't stay that.

2 Q. Well, why did you prescribe him with Lyrica?

3 A. He was having some numbness and nerve symptoms
4 in his arms.

5 Q. Nerve symptoms. Where were his nerve
6 symptoms?

7 A. I don't recall. I assume it's in his arm and
8 in his hand.

9 Q. Which arm?

10 A. I don't recall.

11 Q. Don't recall right or left?

12 A. No.

13 Q. At the point where you prescribed him with
14 Lyrica, was he making any complaints, whatsoever, about
15 the right arm?

16 A. On March 24th?

17 Q. At the point where you prescribed him with
18 Lyrica.

19 A. Was that at March 24th?

20 Q. 5/24/11 is my notation when you gave him
21 Lyrica.

22 A. It does not list -- what side? I don't see a
23 side listed, right or left, but that's typically why I
24 give Lyrica, if a patient has any persistent like
25 numbness, tingling. A lot of times that helps.

Dr. Alongi - Redirect - Zlotolow

1 Q. And it did help Mr. Cicola; correct?

2 A. Correct.

3 Q. At any point did you believe that Mr. Cicola
4 had fibromyalgia?

5 A. No.

6 Q. Did you refer him to anybody, a specialist in
7 the field of rheumatology, Doctor, to see if that was
8 causing his problems?

9 A. No.

10 MR. JEFFREYS: Thank you, Doctor.

11 Nothing further, your Honor.

12 THE COURT: Redirect?

13 REDIRECT EXAMINATION

14 BY MR. ZLOTOLOW:

15 Q. Good day, sir. Are you okay?

16 A. Yep.

17 Q. We'll go through it, we have to get out of
18 here by 4:30; all right?

19 Now, first let's talk about the shoulder for a
20 second, the right shoulder. I think he left off on that.
21 Did Mr. Cicola's complaints, did they resolve relative to
22 his right shoulder?

23 A. Following surgery?

24 Q. Following your surgery, yes.

25 A. Following this surgery, yes. He had

Dr. Alongi - Redirect - Zlotolow

1 improvement of his shoulder symptoms.

2 Q. Does he -- you still treat him. Does he still
3 complain of any issues with his shoulder?

4 A. No.

5 Q. Does it seem the surgery solved the issues
6 with his right shoulder?

7 A. Yes.

8 Q. Now, you were asked a lot of questions about
9 the right shoulder. What role did the right shoulder
10 play in this puzzle that we have here?

11 A. I mean, he had obviously, he had some
12 underlying issues of his shoulder, like tendonitis,
13 that's the calcium in there and the bursitis. That was
14 an ongoing issue, maybe exacerbated by the accident, but
15 I mean in terms of --

16 MR. JEFFREYS: Objection.

17 THE COURT: Basis?

18 MR. JEFFREYS: It would have to be a
19 sidebar, your Honor, so the jury doesn't
20 hear.

21 THE COURT: Give me the question
22 back.

23 (Whereupon, the requested portion of
24 the record was read back.)

25 THE COURT: Okay, is the objection

Dr. Alongi - Redirect - Zlotolow

1 to the question or to the answer?

2 MR. JEFFREYS: It's the response.

3 THE COURT: Okay, start the response
4 all over again.

5 THE WITNESS: Read the question.

6 (Whereupon, the requested portion of
7 the record was read back.)

8 A. He had tendonitis, bursitis, small rotator
9 cuff tear. It's kind of separate from the neck, but
10 again, patients can have neck issues with shoulder
11 issues. Take care of one, they can still have issues
12 with the other.

13 Again, if -- a lot of that could have been --
14 there's more wear and tear on the shoulder, as opposed to
15 something that's a traumatic, but I think his main issue
16 was the neck.

17 Q. Is that common in your -- in your practice,
18 issues with necks and shoulders?

19 A. Yes.

20 Q. Is that like something that has to be figured
21 out all the time?

22 A. Yes.

23 Q. And why is that, like from a medical
24 standpoint?

25 A. Because patients with neck conditions can have

Dr. Alongi - Redirect - Zlotolow

1 pain that radiates into the shoulder and arm, and
2 patients with shoulder conditions can have pain that
3 radiates into the neck. And so sometimes you can
4 distinguish it with your exam and also tests, but
5 sometimes you find pathology on MRI of the shoulder and
6 the neck, like we did with Mr. Cicola. But sometimes
7 clinically, you can figure it out or, you know, when it
8 comes to surgery, how the patient responds is a good
9 indication of what's causing the symptoms.

10 Q. So as far as your treatment of the shoulder,
11 was it just peripherally to head up the investigation
12 purposes?

13 A. Yes, diagnosis.

14 Q. Okay. And ultimately are you satisfied that
15 the problem was in his neck, not in his shoulder?

16 A. Yes.

17 Q. Did that bear out over the course of time?

18 A. Yes.

19 Q. All right. Now, with regard to -- the term
20 degeneration has been thrown around a lot; okay? You
21 tell us what your -- what you consider degeneration.

22 A. Like we talked about it in the beginning,
23 everybody -- everybody's disks are degenerating, whether
24 you're, you know, playing contact sports or just reading
25 a book. You lose hydration of your disks. They

Dr. Alongi - Redirect - Zlotolow

1 desiccate, they lose hydration, they wear out a little
2 bit, which is what degeneration is, just normal wear and
3 tear.

4 So, like I said, you get an MRI or CAT scan,
5 100 people different ages, a lot of them have
6 degenerative conditions, doesn't mean it's symptomatic.
7 So the big thing is you try to find what the patient's
8 MRI shows and how it clinically correlates to the
9 patient's symptoms.

10 Q. Is there any way to predict the normal
11 process, degeneration process?

12 A. No, it's very difficult.

13 Q. Is there any thing that changes the normal
14 degeneration process?

15 A. A trauma can.

16 Q. Now, in this case they are talking about in
17 2009 going through the MRI's or CAT scans to show
18 degeneration. Do you have any opinion as to whether any
19 of the degeneration that you talked about in 2009
20 predates this accident?

21 A. I mean, I have no studies before the accident
22 to indicate that. Like I said, normal wear and tear, a
23 patient is going to get degeneration. Adjacent to a
24 fusion, they may get a little accelerated degeneration.
25 All that can happen.

Dr. Alongi - Redirect - Zlotolow

1 Q. Now, looking at the films that we looked at,
2 from the x-rays from four days after the accident, the
3 MRI, which was less -- about a month after the accident,
4 did you see any evidence of that type of degeneration?

5 A. There was mild degeneration, which is a little
6 anti-osteophyte, that was about it.

7 Q. Any significance at all?

8 A. No.

9 Q. And the ones that you found later, we went
10 through all of that stuff that you found in 2009, any of
11 that predate this accident in any way?

12 A. I mean, not that I'm aware of.

13 Q. Now, the process, did you see a process, any
14 sort of process with this, you know, as you treated this
15 patient over time? You had multiple x-rays, MRI's, CAT
16 scans --

17 A. The C5/C6 --

18 THE COURT: Whoa. Wait for him to
19 finish.

20 MR. ZLOTOLOW: I'm sorry. I'm just
21 trying to get to 4:30.

22 THE COURT: Please let him finish
23 the question.

24 Q. All right. In the time that you treated this
25 gentleman and in all -- everything that you saw, did you

Dr. Alongi - Redirect - Zlotolow

1 see a progression?

2 A. The only thing that progressed was the C5/6
3 level got a little worse.

4 Q. That's the level that's adjacent --

5 A. Yes.

6 Q. -- to the original fusion site?

7 A. Yes.

8 Q. Okay. And the degeneration that you noted at
9 C5/6, your first note of degeneration, which I think was
10 in '09, is that related to his fusion?

11 A. It's contributed to, correct.

12 Q. Now, a question was asked whether Chris was
13 forthright with you. You treated him for four years.
14 Have you ever known him to not be anything less than
15 forthright to you?

16 A. No.

17 Q. As far as the disk degenerative process, could
18 that speed up after trauma?

19 A. Yes.

20 Q. Now, the mention of a pathology report in '09,
21 tell us from your medical standpoint, what does that
22 mean, when it says what the -- the pathology report?

23 A. Every time we remove a disk, it comes -- the
24 report is always some myxoid degeneration. I'd be
25 concerned if they didn't say that because that means I

Dr. Alongi - Redirect - Zlotolow

1 took out a healthy disk, because there is always some
2 form of degeneration, whether it's herniated or
3 degenerative, there is always some form of degeneration
4 in the pathology report, that they look through the
5 microscope and see these microscopic changes.

6 Q. Very well. So this is the disk that was taken
7 out, the actual disk that was taken out?

8 A. Correct.

9 Q. Was looked at to assure that it was the
10 correct disk, is that it?

11 A. And the correct tissue.

12 Q. So when they speak of degenerative changes in
13 that disk, what does that speak of?

14 A. That's typical for this type of surgery.

15 Q. That doesn't mean preexisting or deceased or
16 anything like that, does it?

17 A. No, there is no way to tell what's preexisting
18 or not.

19 Q. All right. Now, you were asked some questions
20 about -- oh, yeah, the report that you wrote to the
21 attorneys. I just ask you, did you ever meet me before,
22 like two days ago?

23 A. No.

24 Q. All right. Have we ever done any work
25 together?

Dr. Alongi - Redirect - Zlotolow

1 A. No.

2 Q. Do you know me at all?

3 A. No.

4 Q. Do I coach any of your kids or anything like
5 that?

6 A. No.

7 Q. No?

8 A. No.

9 Q. All right. Have I ever sent you a patient?

10 A. Not that I know of.

11 Q. Have you ever sent me one?

12 A. No.

13 Q. What about the original attorneys that he had?
14 He had other attorneys; do you know them either?

15 A. Yeah, no.

16 Q. Do you have any relationship with any of his
17 attorneys?

18 A. No.

19 Q. Did anybody coerce you in any way, you know,
20 to ask for your opinion in any way?

21 A. No.

22 Q. Would you, if I asked you to?

23 A. No.

24 Q. I didn't think so.

25 Now listen, this report that you wrote,

Dr. Alongi - Redirect - Zlotolow

1 somebody sent you a request for a report; correct?

2 A. Correct.

3 Q. And you wrote a report?

4 A. Correct.

5 Q. The fee to write the report, is that
6 contingent upon writing what somebody else wants?

7 A. No.

8 Q. Do you have any stake in this action in any
9 way?

10 A. No.

11 Q. Do you hope I never call you again?

12 A. No comment.

13 THE COURT: Don't answer that.

14 Q. Now, with regard to -- it was asked about your
15 subpoenaed records. I know you're an orthopedic spine
16 surgeon; right?

17 A. Correct.

18 Q. Do you handle subpoenas in the office?

19 A. No.

20 Q. Tell us about the office that you have, just
21 so we know.

22 A. What do you mean?

23 Q. How many doctors do you have?

24 A. There is four doctors, about 20 full-time
25 employees.

Dr. Alongi - Redirect - Zlotolow

1 THE COURT: 20 what?

2 A. Full-time employees.

3 Q. So you have 20 full-time employees and --

4 A. Four doctors.

5 Q. -- four doctors, and you don't handle things
6 other than surgery, for the most part?

7 A. For the most part.

8 Q. Now, he was asking you about a car accident.
9 Do you treat injuries or car accidents? What do you
10 treat?

11 A. Typically we treat the injuries.

12 Q. Would you have treated this gentleman any
13 different if he told you about a car accident?

14 A. No.

15 Q. Would any of your opinions change?

16 A. No.

17 Q. Now, with regard to the Huntington Hospital
18 MRI of 11/18, anything on there that you believe was some
19 sort of longstanding degenerative condition?

20 A. 11/18?

21 Q. That was right before your surgery.

22 A. What was treated surgically, I felt was not
23 longstanding.

24 Q. Okay. Now --

25 THE COURT: Doctor, it's getting

Dr. Alongi - Recross - Jeffreys

1 late. You have to keep your voice up. If
2 I can barely hear you from here, they've
3 got to have a problem over there.

4 MR. ZLOTOW: Okay. That's it.

5 THE COURT: Recross within the scope
6 of redirect, of course?

7 MR. JEFFREYS: Yes.

8 RE CROSS-EXAMINATION

9 BY MR. JEFFREYS:

10 Q. The plaintiff's counsel asked you about what
11 Mr. Cicola told you and you believe he was forthright in
12 speaking with you; correct?

13 A. Correct.

14 Q. Did he tell you about treatment that he had
15 with a doctor named Dr. Adhami?

16 A. Who?

17 Q. Adhami.

18 MR. ZLOTOW: Objection.

19 THE COURT: Okay, you have an
20 objection. Overruled.

21 A. Can you repeat the name?

22 Q. Adhami, A-D-H-A-M-I.

23 A. Adhami, no.

24 Q. Did he tell you about a subsequent
25 hospitalization to your treatment at Huntington Hospital

Dr. Alongi - Recross - Jeffreys

1 in 2010?

2 A. Not that I'm aware of, no.

3 Q. And plaintiff's counsel asked you a little bit
4 about the report that you wrote to the attorneys in this
5 case. Do you remember being asked those questions a
6 couple of minutes ago?

7 A. Yes.

8 Q. How did you come to learn that he had a car
9 accident?

10 A. When I prepared the report, there was
11 additional medical records in that which I reviewed and
12 included that in the report.

13 Q. So up to the point of all of your treatment
14 from 2008, through two cervical surgeries and all of your
15 follow-up care, that was not of importance to you to
16 include it in your medical history; correct?

17 A. Correct.

18 MR. JEFFREYS: Nothing further, your
19 Honor.

20 THE COURT: In the scope of those
21 three questions, do you have anything?

22 MR. ZLOTOW: I don't think so.

23 Thank you.

24 THE COURT: Doctor, you're excused.
25 Appreciate you coming in. You may step